

Start or Share - November 2025	
Spinach & Artichoke Dip Allergen Warnings: Dairy, Wheat,	Spinach & Artichoke Dip: 35% Cream, Spinach, Artichokes (Artichoke, Water, Salt, Citric Acid), Parmesan Cheese (Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Lipase Calcium Chloride, Enzyme, Powdered Cellulose, Natural Flavour), Flour, Onion, Butter, Romano Cheese (Milk, Milk Ingredients, Bacterial Culture, Salt, Lipase, Calcium Chloride, Rennet and/or Microbial Enzyme, Powdered Cellulose), Modified Corn Starch, Guar Gum Carrageenan, Carob Bean Gum, Sodium Citrate, Sodium Phosphate, Bacterial Culture), Garlic, Vegetable Stock (Corn Syrup, Sea Salt, Yeast Extract (Barley, Wheat), Sugar (Dextrose), Parsley, Spices, Vegetable Oil (Canola, Extra Virgin Olive Oil), Disodium Guanylate, Disodium Inosinate, Colour, Flavour (Includes Celery, Garlic, Onion), Asiago/Mozzarella/Provone Cheese (Pasteurized milk, Modified milk ingredients, Salt, Calcium chloride, Lipase, Bacterial culture, Microbial enzyme, Cellulose, Natamycin) Fresh Cut Salsa: Roma Tomatoes, Red Chili Flakes, Franks Red Hot Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic Powder), Salt, Black Pepper, Cilantro, White Onions, Lemon Juice, Lime Juice, Canola Oil Yellow Corn Chips: Stone Ground Corn, Water, Propionic Acid, Sodium Propionate, Sodium Benzoate, Calcium Hydroxide
Wham Bam Shrimp Allergen Warnings: Milk, Egg, Soy, Wheat, Shellfish, Sesame, Mustard	Marinated Shrimp: Shrimp (Shrimp, Sodium Tripolyphosphate, Salt), Buttermilk (Partly Skimmed Milk, Salt, Bacterial Culture) Chili Flour: Flour (Wheat Flour, Benzoyl Peroxide, Amylase, Ascorbic Acid, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Chili Salts (Salt, Red Pepper Flakes), Corn Starch Wham Bam Sauce: Mayonnaise (Soybean Oil, Frozen Whole Eggs, Vinegar, Frozen Egg Yolk, Water, Salt, Sugar, Concentrated Lemon Juice, Mustard Flour, Calcium Disodium Edta, Spices), Thai Chili Sauce (Sugar, Water, White Vinegar, Red Peppers, Salt, Dehydrated Garlic, Spices, Modified Tapioca Starch, Xanthan Gum, Potassium Sorbate, Sodium Benzoate), Sriracha (Chili, Sugar, Salt, Garlic, Distilled Vinegar, Potassium Sorbate, Sodium Bisulfite, Xanthan Gum), Chili Salts: Salt, Red Pepper Flakes Crispy Wontons: Enriched Wheat Flour (Contains: Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Frozen Whole Egg and/or Frozen Albumen, Corn and/or Wheat Starch and/or Modified Corn Starch, Salt, Vinegar, Sodium Propionate, Potassium Sorbate Gremolata: Parsley, Lemon Zest Sesame Seeds, Lime Wedge.
Crispy Tempura Cauliflower Allergen Warnings: Egg, Milk, Soy, Sulphites, Wheat, Sesame, Mustard	Tempura Cauliflower: Cauliflower, Wheat Flour, Yellow Corn Flour, Wheat Starch, Salt, Baking Powder, Sucrose Esters, Water, Canola Oil Scallion Wasabi Aioli: Sour Cream (Milk, Cream, Skim Milk Powder, Modified Corn Starch, Guar Gum, Carrageenan, Carob Bean Gum, Whey Powder (Contains Dextrose), Chives, Sodium Citrate, Bacterial Culture, Microbial Enzyme, Cilantro, Wasabi Paste (Horseradish, Water, White Vinegar, Vegetable Oil, Sugar/Glucose-fructose Mix, Salt, Xanthan Gum, Artificial Flavour, Colour, Sodium Benzoate, Sulphites), Salt, Black Pepper, Mayonnaise (Soybean Oil, Frozen Whole Eggs, Vinegar, Frozen Egg Yolk, Water, Salt, Sugar, Concentrated Lemon Juice, Mustard Flour, Calcium Disodium Edta, Spices), Lime Juice, Garlic Clove, Scallions, Rice Wine Vinegar. Spicy Buffalo: Buffalo Sauce(Cayenne from Red Peppers, Vinegar, Salt, Canola Oil, Xanthan Gum), Parsley Korean BBQ: Kalbi Sauce (Sugar, Soy Sauce (Water, Soybeans, Wheat, Salt), Roasted Sesame Seed Oil, Canola Oil, Modified Corn Starch, Garlic, Spice and Spice Extract, Dehydrated Garlic, Water, Soy Lecithin, Potassium Sorbate, Xanthan Gum), Sesame Seeds, Parsley Salt + Black Pepper Bourbon: Black Pepper Bourbon Butter (JP Wisers (Corn, Rye, Malted Barley), Unsalted Butter, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2), Honey, Salt, Black Pepper, Corn Starch, Roasted Garlic (Garlic, Canola Oil)), Salt, Black Pepper, Grana Padano Cheese (Raw milk, Bacterial culture, Salt, Lysozyme (egg), Rennet), Gremolata (Parsley, Lemon Zest)
M Wings Allergen Warnings: Egg, Milk, Mustard, Sesame, Sulphites, Soy, Gluten	Chicken Wings: Chicken Wings, Buttermilk (Partly Skimmed Milk, Salt, Bacterial Culture), Frank's Red Hot Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic Powder), Savory Creations Chicken Base (Chicken Stock, Natural Flavour, Salt, Chicken Fat, Sugar, Maltodextrin, Yeast Extract, Stabilizer (Xanthan Gum, Propylene Glycol Alginate) Chili Flour: Flour (Wheat Flour, Benzoyl Peroxide, Amylase, Ascorbic Acid, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Chili Salts (Salt, Red Pepper Flakes), Corn Starch Scallion Wasabi Aioli: Sour Cream (Milk, Cream, Skim Milk Powder, Modified Corn Starch, Guar Gum, Carrageenan, Carob Bean Gum, Whey Powder (Contains Dextrose), Chives, Sodium Citrate, Bacterial Culture, Microbial Enzyme, Cilantro, Wasabi Paste (Horseradish, Water, White Vinegar, Vegetable Oil, Sugar/Glucose-fructose Mix, Salt, Xanthan Gum, Artificial Flavour, Colour, Sodium Benzoate, Sulphites), Salt, Black Pepper, Mayonnaise (Soybean Oil, Frozen Whole Eggs, Vinegar, Frozen Egg Yolk, Water, Salt, Sugar, Concentrated Lemon Juice, Mustard Flour, Calcium Disodium Edta, Spices), Lime Juice, Garlic Clove, Scallions, Rice Wine Vinegar. Spicy Buffalo: Buffalo Sauce(Cayenne from Red Peppers, Vinegar, Salt, Canola Oil, Xanthan Gum), Parsley Korean BBQ: Kalbi Sauce (Sugar, Soy Sauce (Water, Soybeans, Wheat, Salt), Roasted Sesame Seed Oil, Canola Oil, Modified Corn Starch, Garlic, Spice and Spice Extract, Dehydrated Garlic, Water, Soy Lecithin, Potassium Sorbate, Xanthan Gum), Sesame Seeds, Parsley Salt + Black Pepper Bourbon: Black Pepper Bourbon Butter (JP Wisers (Corn, Rye, Malted Barley), Unsalted Butter, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2), Honey, Salt, Black Pepper, Corn Starch, Roasted Garlic (Garlic, Canola Oil)), Salt, Black Pepper, Grana Padano Cheese (Raw milk, Bacterial culture, Salt, Lysozyme (egg), Rennet), Gremolata (Parsley, Lemon Zest)
Sweet Chili Chicken Bites Allergen Warnings: Sesame, Egg, Soy, Sulphites, Wheat	Chicken Bite Portions: Liquid Egg (Whole egg, Sodium Phosphate, Citric Acid), Chicken Breast Fillets (Raw Chicken) Sweet Thai Chili Sauce: Thai Chili Sauce (Sugar, Water, White Vinegar, Red Peppers, Salt, Dehydrated Garlic, Spices, Modified Tapioca Starch, Xanthan Gum, Potassium Sorbate, Sodium Benzoate), Dark Soy Sauce (Water, Salt, Caramel Colour, Sugar, Soybeans, Wheat), Cilantro Crispy Wontons: Enriched Wheat Flour (Contains: Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Frozen Whole Egg and/or Frozen Albumen, Corn and/or Wheat Starch and/or Modified Corn Starch, Salt, Vinegar, Sodium Propionate, Potassium Sorbate Cucumber, Green Onion, Sesame Seeds, Lime Wedge
Coconut Calamari Allergen Warnings: Sulphite, Wheat, Soy, Shellfish, May Contain Peanut/Treenuts	Marinated Calamari: Calamari (Jumbo Squid (Diosdicus Gigas), Salt, Disodium Diphosphate, Sodium Triphosphate, Sodium Bicarbonate), Water, Coconut Milk (Coconut Extracted, Water, Xanthan gum, Sucrose Ester, Sodium Carboxy Methyl Cellulose, Guar Gum, Sodium Metabisulfite) Chili Flour: Flour (Wheat Flour, Benzoyl Peroxide, Amylase, Ascorbic Acid, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Chili Salts (Salt, Red Pepper Flakes), Corn Starch Nola Cajun Spice: Spices (Including Paprika for Colour), Salt, Garlic, Onion Mango Chili Vinaigrette: Sweet & Spicy Tabasco (Sugar, Red Pepper, Water, Distilled Vinegar, Pear Concentrate, Garlic, Onion, Tabasco Sauce, Ginger, Salt, Xanthan Gum, Spices), Mango Puree (Mango Puree from Concentrate (Water, Mango Puree Concentrate), Sugar, Water, Citric Acid, Natural Flavor, Ascorbic Acid), Honey, Red Wine Vinegar (5% Acetic Acid, Sulphites), Worcestershire (Malt Vinegar (Barley), Spirit Vinegar, Water, Molasses, Salt, Anchovies (Fish), Tamarind Extract, Onions, Garlic, Spice, Natural Flavour), Lime Juice, Salt, Chili Garlic Sauce (Chili, Salt, Garlic, Acetic Acid, Potassium Sorbate and Sodium Bisulfites, Xanthan Gum), Thai Chili Sauce (Sugar, Water, White Vinegar, Red Peppers, Salt, Dehydrated Garlic, Soices, Modified Tapioca Starch, Xanthan Gum, Potassium Sorbate, Sodium Benzoate), Canola Oil, Parsley Gremolata: Parsley, Lemon Zest Toasted Coconut, Lime Wedge

Chicken Lettuce Wraps Allergen Warnings: Sulphites, Soy, Wheat, Egg, Peanut, Milk, Mustard, Sesame	Chicken Bite Portions: Liquid Egg (Whole egg, Sodium Phosphate, Citric Acid), Chicken Breast Fillets (Raw Chicken) Sweet Thai Chili Sauce: Thai Chili Sauce (Sugar, Water, White Vinegar, Red Peppers, Salt, Dehydrated Garlic, Spices, Modified Tapioca Starch, Xanthan Gum, Potassium Sorbate, Sodium Benzoate), Dark Soy Sauce (Water, Salt, Caramel Colour, Sugar, Soybeans, Wheat), Cilantro Crispy Wontons: Enriched Wheat Flour (Contains: Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Frozen Whole Egg and/or Frozen Albumen, Corn and/or Wheat Starch and/or Modified Corn Starch, Salt, Vinegar, Sodium Propionate, Potassium Sorbate Peanut Sauce: Garlic, Ginger, Cilantro, Honey, Dark Soy Sauce (Water, Salt, Caramel Colour, Sugar, Soybeans, Wheat), Peanut Butter (Dry Roasted Peanuts, Icing Sugar, Corn Syrup Solids, Hydrogenated Vegetable Oil (Rapeseed, Cotton Seed and or Soybean), Salt), Canola Oil, Water, Rice Wine Vinegar (Rice Wine, Salt, Sugar, Water), Whipping Cream (Cream, Milk, Cellulose Gel, Carrageenan, Cellulose Gum) Scallion Wasabi Aioli: Sour Cream (Milk, Cream, Skim Milk Powder, Modified Corn Starch, Guar Gum, Carrageenan, Carob Bean Gum, Whey Powder (Contains Dextrose), Chives, Sodium Citrate, Bacterial Culture, Microbial Enzyme, Cilantro, Wasabi Paste (Horseradish, Water, White Vinegar, Vegetable Oil, Sugar/Glucose-fructose Mix, Salt, Xanthan Gum, Artificial Flavour, Colour, Sodium Benzoate, Sulphites), Salt, Black Pepper, Mayonnaise (Soybean Oil, Frozen Whole Eggs, Vinegar, Frozen Egg Yolk, Water, Salt, Sugar, Concentrated Lemon Juice, Mustard Flour, Calcium Disodium Edta, Spices), Lime Juice, Garlic Clove, Scallions, Rice Wine Vinegar. Green Onion, Carrots, Sesame Seeds, Iceberg Lettuce, Lime Wedge
Tofu Lettuce Wraps Allergen Warnings: Sulphites, Soy, Wheat, Mustard, Sesame	Crispy Tofu: Water, Soybeans (Non-GMO), Magnesium Chloride, Calcium Sulphate. Sweet Thai Chili Sauce: Thai Chili Sauce (Sugar, Water, White Vinegar, Red Peppers, Salt, Dehydrated Garlic, Spices, Modified Tapioca Starch, Xanthan Gum, Potassium Sorbate, Sodium Benzoate), Cilantro Chili Avocado Aioli: Vegan Mayonnaise (Soybean Oil, Water, Sugar, Vinegar, Salt, Modified Corn and Potato Starch, Concentrated Lemon Juice, Natural Flavour, Spice and Calcium Disodium EDTA (Maintains Flavour), Avocado, Garlic Chili Sauce (Chili, Salt, Garlic, Distilled Vinegar, Potassium Sorbate and Sodium Bisulfate, Xanthan Gum), Cilantro, Lime Juice, Salt, White Pepper Asian Slaw: Red Pepper, Yellow Pepper, Red Onion, Carrot, Savoy Cabbage, Purple Cabbage, Bok Choy, Cilantro Green Onion, Carrots, Sesame Seeds, Iceberg Lettuce, Lime Wedge
Burrata Allergen Warnings: Milk, Sulphites. May Contain Tree Nuts, Sesame	Burrata: Pasteurized Milk, Pasteurized Cream, Salt, Lactic Acid, Culture, Rennet Red Pepper Relish: Roasted Red Peppers (Roasted Red Peppers, Water, Salt, Citric Acid), Red Onions, Garlic, Lemon Juice, White Wine, Sugar, Salt, Pepper, Chili Flakes, Ginger. Basil Pesto: Basil, Canola Oil, Cheese (Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Lipase, Calcium Chloride, Rennet and/or Microbial Enzyme, Powdered Cellulose, Natural Parmesan Flavour, Natamycin), Garlic (Contains Water, Canola Oil, Citric Acid), Lemon Juice (Sulphites), Salt. Balsamic Reduction: Balsamic Vinegar of Modena 61% (Wine Vinegar, Cooked Grape Must), Cooked Grape Must, Sugar, Xanthan Gum Schiacciata Bread: Unbleached Wheat Flour, Water, Extra Virgin Olive Oil, Herbs, Salt, Malted Barley Flour, Yeast Garlic Oil: Garlic, Canola Oil Lemon Vinaigrette Dressing: Lemon Juice (water, lemon juice concentrate, sodium bisulphates, sodium benzoate), Olive Oil, Canola Oil, Salt, Black Pepper, Oregano, Garlic, Xanthan Gum Arugula, Red Onion, Salt, Black Pepper
Tuscan Bruschetta Allergen Warnings: Tree Nuts, Wheat, Milk	Bruschetta Mix: Red vine tomatoes, tn colour grape tomatoes, Red onion, Roasted Garlic (Garlic, Canola Oil), Salt, Black pepper, Basil, Red wine vinegar, Cholula Hot Sauce [Water, Peppers (Arbol And Piquin), Salt, Vinegar, Spices, Xanthan Gum]. Schiacciata Bread: Unbleached Wheat Flour, Water, Extra Virgin Olive Oil, Herbs, Salt, Malted Barley Flour, Yeast Basil Pesto: Basil, Canola Oil, Cheese (Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Lipase, Calcium Chloride, Rennet and/or Microbial Enzyme, Powdered Cellulose, Natural Parmesan Flavour, Natamycin), Garlic (Contains Basil Oil: Olive Oil, Canola Oil, Salt, Basil Balsamic Reduction: Balsamic Vinegar of Modena 61% (Wine Vinegar, Cooked Grape Must), Cooked Grape Must, Sugar, Xanthan Gum Asiago Cheese: Pasteurized milk, Modified Milk Ingredients, Salt, Calcium Chloride, Lipase, Bacterial Culture, Microbial Enzyme, Cellulose, Natamycin Arugula, Parsley
Wagyu Beef Gyoza Allergen Warnings: Wheat, Soy, Sesame, Egg, Sulphites	Sesame Oil Blend: Sesame oil, Canola oil Wagyu Gyoza: Filling (Beef, Cabbage, Water, Onion, Soy sauce (water, soybean, wheat, salt), Green onion, Ginger, Yeast extract, Modified Corn Starch, Sesame oil, Salt, White sugar, Spices, Garlic powder, Onion powder). Wrapper: (Wheat flour, Water, Canola oil, Salt, White sugar) Kimchi Aioli: Mayonnaise (Soybean Oil, Frozen Whole Eggs, Vinegar, Frozen Egg Yolk, Water, Salt, Sugar, Concentrated Lemon Juice, Mustard Flour, Calcium Disodium Edta, Spices), Stockton Street Spice (salt, black pepper, Szechuan peppercorn, pink peppercorn, Tellicherry peppercorn, white pepper), Kimchi (Napa Cabbage, Red Chili Powder, Sugar, Daikon Radish, Kelpstock (dried Kelp, Water), Garlic, Rice Flour, Monosodium Glutamate, Jeeks, Onions, Salt, Ginger), Garlic Chili Sauce (Chili, Salt, Garlic, Acetic Acid, Potassium Sorbate, Sodium Bisulfite, Xanthan Gum) Korean BBQ: Kallbi Sauce (Sugar, Soy Sauce (Water, Soybeans, Wheat, Salt), Roasted Sesame Seed Oil, Canola Oil, Modified Corn Starch, Garlic, Spice and Spice Extract, Dehydrated Garlic, Water, Soy Lecithin, Potassium Sorbate, Xanthan Gum), Sesame Seeds, Parsley Wasabi: Horseradish, Water, White Vinegar, Vegetable Oil, Sugar/Glucose-fructose Mix, Salt, Xanthan Gum, Artificial Flavour, Colour, Sodium Benzoate, Sulphites Sweetie Drop Peppers: Sweet Drop Peppers, Water, Vinegar, Sugar, Salt, Calcium Chloride Green Onion, Black & White Sesame Seeds
French Onion Soup Allergen Warnings: Dairy, Wheat, Soy	French Onion Soup: White onions, White sugar, Thyme, Canola Oil, Roasted Garlic (Garlic, Canola Oil), Black Pepper Butter (Jack Daniels (Corn, Rye, Malted Barley), Unsalted Butter, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lechtin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2), Honey, Salt, Black Pepper, Corn Starch, Roasted Garlic (Garlic, Canola Oil), Celery, Onion, Carrot, Tomato Paste, Rosemary, Thyme, Jack Daniels, Red Wine, Au Jus Powder (Salt, Corn Starch, Hydrolyzed Soy Protein, Caramel Colour (Sulphites), Beef Powder, Sugar, Onion Powder, Beef Fat, Canola Oil, Glucose Solids, Natural Flavours (Maltodextrin, Milk Ingredients), Disodium Inosinate, Disodium Guanylate, Yeast Extract, Torula Yeast, Citric Acid), Rice Wine Vinegar (Rice Wine, Salt, Sugar, Crostini: Baguette, Unbleached Wheat Flour, Water, Salt, Yiest, Malted Barley Flour, Rice Flour (Dusting), Garlic oil, salt, pepper. Asiago Cheese: Pasteurized milk, Modified Milk Ingredients, Salt, Calcium Chloride, Lipase, Bacterial Culture, Microbial Enzyme, Cellulose, Natamycin Swiss Cheese: Modified Milk Ingredients, Milk, Salt, Bacterial Culture, Microbial Enzyme Parsley
Seafood Chowder Allergen Warnings: Dairy, Wheat, Soy	Seafood Chowder: Smoked Bacon (Pork, Water, Salt, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite, Smoke), Butter (Milk), Onions, Celery, Carrots, Garlic, Tomato Paste (Tomatoes), Flour (Wheat Flour, Bezoyle Peroxide, Amylase, Ascorbic Acid, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Chicken Stock: Water, Broth concentrate (Chicken Stock, Natural Flavour, Salt, Chicken Fat, Sugar, Maltodextrin, Yeast Extract, Stabilizer (Xanthan Gum, Propylene Glycol Alginate), Clamato Juice (Water, tomato paste, sugars (glucose-fructose), monosodium glutamate, citric acid, salt, spices, onion powder, vinegar, garlic powder, dried clam broth, allura red, sunset yellow FCF, brilliant blue FCF. CONTAINS: clam), Clam Juice (clams, water), Lobster Base (Cooked lobster meat (Includes lobster tomally), Old Bay Seasoning (Paprika, MUSTARD Flour, CELERY Seed, Black Pepper, Cayenne Pepper, Cloves, Coriander Seed, Nutmeg, Allspice, Salt, Sugar, Herbs, Bay Leaves, Thyme, Basil, Rosemary, Savory, Anti-Caking Agent (Silicon Dioxide)), Black Pepper, Cholulu Hot Sauce (Water, Peppers (Arbol and Piquin), Salt, Vinegar, Spices, Xanthan Gum), Worcestershire (Malt Vinegar (from Barley), Spirit Vinegar, Water, Refiners Molasses, Sugar, Salt, Anchovies, Tamarind Extract, Onions, Garlic, Spice, Natural Flavour), Roma Tomatoes, Thyme, Potatoes, Parsley. Gremolata: Parsley, Lemon Zest Scallops: Bay Scallops Shrimp: Shrimp (Shrimp, Sodium Tripolyphosphate, Salt)
Avocado & Whipped Feta Allergen Warnings: Soy, Dairy	Avocado Edamame Mash: Avocado, Edamame (Soy), Red Onion, Canola Oil, Lime Juice, Cilantro, Salt, Black Pepper, Cholulu Hot Sauce (Water, Peppers (Arbol and Piquin), Salt, Vinegar, Spices, Xanthan Gum) Whipped Feta: Macedonian Feta Cheese (Modified milk ingredients, Salt, Lipase, Microbial enzyme, Calcium chloride, Bacterial culture; in brine (water, salt) Sour Cream (Milk ingredients, modified corn starch, guar gum, carrageenan, locust bean gum, sodium citrate, bacterial culture), Cream Cheese (MILK, CREAM, MODIFIED MILK INGREDIENTS, SALT, BACTERIAL CULTURE, LACTIC ACID, CAROB BEAN GUM, POTASSIUM SORBATE.) Fresh Cut Salsa: Roma Tomatoes, Red Chili Flakes, Franks Red Hot Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic Powder), Salt, Black Pepper, Cilantro, White Onions, Lemon Juice, Lime Juice, Canola Oil Naan Bread: Enriched wheat flour, Buttermilk (milk ingredients, bacterial culture), Water, Soybean oil, Liquid whole egg, Sugar, Baking powder, Salt, Cultured wheat flour, Ghee (clarified butter), Wheat gluten, Yeast, Amylase Yellow Corn Chips: Stone Ground Corn, Water, Propionic Acid, Sodium Propionate, Sodium Benzoate, Calcium Hydroxide Roasted Chickpeas: Chickpeas, Nola Spice Tajin seasoning, Parsley
Roasted Mushroom Soup Allergen Warnings: Sulphites	Vegan Roasted Mushroom Soup: Water, Mushrooms, Onions, Portobello Mushrooms, Roasted Yukon Gold Potatoes (potatoes, calcium, chloride), Extra virgin olive oil, Modified corn Starch, White Wine, Salt, Celery, Carrot juice Concentrate, hot Sauce (cayenne peppers, vinegar, salt, garlic), Onion Juice, Soy Protein isolate. Yeast Extract, Disodium Inosinate, Disodium Guanylate, Xanthan Gum, Flavour, Spices Parsley, Basil Oil: Olive Oil, Canola Oil, Salt, Basil

Salads - November 2025	
Roasted Garlic Caesar Salad Allergen Warnings: Tree Nuts, Mustard, Milk, Eggs, Fish, Shellfish, Soy, Wheat, Sulphites	Smoked Bacon: Pork, Water, Salt, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite, Smoke Grana Padano Cheese: Raw milk, Bacterial culture, Salt, Lysozyme (egg), Rennet. Asiago Cheese: Pasteurized milk, Modified Milk Ingredients, Salt, Calcium Chloride, Lipase, Bacterial Culture, Microbial Enzyme, Cellulose, Natamycin Caesar Dressing: Mayonnaise (Canola Oil, Liquid Whole Egg, Water, Vinegar, Salt, Sugar, Calcium Disodium EDTA), Red Wine Vinegar, Garlic, Anchovies (Anchovy Fillets, Sunflower Oil, Salt) Roasted Garlic, Lemon Juice, Dijon Mustard (Water, Mustard Seeds, Vinegar, Salt, Citric Acid, Sodium Metabisulphites), Worcestershire Sauce (Water, Vinegar, Sugars (Molasses, Glucose-Fructose), Salt, Anchovies, Onion, Natural Flavour, Garlic, Spices, Paprika Extract), Salt, Tabasco (Vinegar, Red Peppers, Salt), Black Pepper Romaine, Baby Kale,
Candied Beet & Whipped Feta Salad	Tri Coloured Quinoa: Black Quinoa, Red Quinoa, White Quinoa, Salt Lemon Vinaigrette Dressing: Lemon Juice (water, lemon juice concentrate, sodium bisulphates, sodium benzonate), Olive Oil, Canola Oil, Salt, Black Pepper, Oregano, Garlic, Xanthan Gum Caramelized Beets: Beets, Olive Oil, Salt, Honey, Mint, Balsamic Reduction (Balsamic Vinegar of Modena 61% (Wine Vinegar, Cooked Grape Must), Cooked Grape Must, Sugar, Xanthan Gum) Whipped Feta: Macedonian Feta Cheese (Modified milk ingredients, Salt, Lipase, Microbial enzyme, Calcium chloride, Bacterial culture; in brine (water, salt) Sour Cream (Milk ingredients, modified corn starch, guar gum, carrageenan, locust bean gum, sodium citrate, bacterial culture), Cream Cheese (MILK CREAM, MODIFIED MILK INGREDIENTS, SALT, BACTERIAL CULTURE, LACTIC ACID, CAROB BEAN GUM, POTASSIUM SORBATE.) Praline Spiced Pecans: Pecan (Tree Nuts), Sugar, Cayenne Pepper, Glucose, Soy Lecithin, Salt Balsamic Reduction: Balsamic Vinegar of Modena 61% (Wine Vinegar, Cooked Grape Must), Cooked Grape Must, Sugar, Xanthan Gum Basil Oil: Olive Oil, Canola Oil, Salt, Basil Kale, Arugula, Romaine, Blueberries, Red Onion, Grape Tomatoes
California Spring Salad Allergen Warnings: Mustard, Sulphites, Tree Nuts, Soy	Heritage Spring Mix: Crisphead Lettuce, Red Leaf Lettuce Honey Mustard Vinaigrette: Dijon Mustard (Water, Mustard Seed, Vinegar, Apple Cider Vinegar, Salt, Potassium Metabisulphite (Sulphites), Canola Oil, Red Wine Vinegar (May Contain Sulphites), Salt, Honey, Black Pepper, Poppy Seed Poppy Seed Goat Cheese: Goat Cheese (Pasteurized Goat Milk, Salt, Bacterial Culture, Microbial Enzyme, Cellulose, Guar Gum, Xanthan Gum, Carob Gum, Potassium Sorbate), Poppy Seeds Praline Spiced Pecans: Pecan (Tree Nuts), Sugar, Cayenne Pepper, Glucose, Soy Lecithin, Salt Red Onion, Spinach, Strawberries, Avocado
Seafood Cobb Salad Allergen Warnings: Milk, Egg, Mustard, Fish, Shellfish, Soy	Seafood Salad: Shrimp, Bay Scallops, Lobster Meat (Shrimp, Sodium Tripolyphosphate, Salt) Lobster Base (Cooked lobster meat (includes lobster tomally), Salt, Corn, Tapioka and Potato Maltodextrins, Sugar, Autolyzed Yeast Extract, Corn oil, Milk ingredient, Corn and potato starches, Tomato Paste, Onion powder, Disodium Inosinate, Disodium Guanylate, Lobster extracts, Cod liver oil, Garlic powder, Lactic Acid, Sices, Flavour (Contains Soy & Celery). CONTAINS: SOY, MILK, COD AND LOBSTER. MAY CONTAIN: OTHER FISH, SHELLFISH AND CRUSTACEANS)Mayonnaise (Soybean Oil, Frozen Whole Eggs, Vinegar, Frozen Egg Yolk, Water, Salt, Sugar, Concentrated Lemon Juice, Mustard Flour, Calcium Disodium Edta, Spices), Lemon Juice, salt, red chili flakes, red onion, celery, lemon zest, parsley. Poached Jumbo Shrimp: Shrimp (Shrimp, Sodium Tripolyphosphate, Salt) Smoked Bacon: Pork, Water, Salt, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite, Smoke Creamy Lemon Dill Dressing: Lemon Vinaigrette Dressing: Lemon Juice (water, lemon juice concentrate, sodium bisulphates, sodium benzonate), Olive Oil, Canola Oil, Salt, Black Pepper, Oregano, Garlic, Xanthan Gum, Dill Avocado Aioli: Mayonnaise (Soybean Oil, Frozen Whole Eggs, Vinegar, Frozen Egg Yolk, Water, Salt, Sugar, Concentrated Lemon Juice, Mustard Flour, Calcium Disodium Edta, Spices), Dill, Avocado, Chili Garlic Sauce (Chill, Salt, Garlic, Acetic Acid, Potassium Sorbate and Sodium Bisulfites, Xanthan Gum), Lemon Juice, Lemon Zest, Salt, White Pepper Romaine, heritage lettuce, grape tomato, cucumber, roasted edamame (canola oil, salt, pepper), avocado, egg (medium boiled), purple cabbage, red onion, dill

Pastas & Noodles - November 2025	
Butternut Squash Ravioli Allergen Warnings: Tree Nuts, Peanuts, Mustard, Milk, Wheat, Soy, Egg	Garlic Oil Blend: Roasted Garlic Oil (Garlic, Canola Oil), Canola Oil Butternut Squash Ravioli: Durum Wheat Semolina, Water, Liquid Whole Egg, Sage, Salt, Colour, Butternut Squash, Parmesan Cheese (Milk, Bacterial Cultures, Salt, Microbial Enzymes, Cellulose), Toasted Wheat Crumbs, Onions, Cream, Water, Butter Modified Corn Starch, Brown Sugar, Canola Oil, Salt, Carrageenan, Spice Chili Salts: Salt, Red Pepper Flakes Sweetie Drop Peppers: Sweet Drop Peppers, Water, Vinegar, Sugar, Salt, Calcium Chloride Roasted Garlic: Garlic, Canola Oil Sage Brown Butter: Butter (Pasteurized Cream, Annatto), Sage Garlic Cream Sauce: Water, Whipping Cream (Cream, Milk, Carrageenan), Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Sodium Benzoate, Citric Acid, Artificial Flavour, Vitamin A Palmitate, Vitamin D3, Canola Oil, Modified Milk Ingredients, Dehydrated Garlic, Salt, Modified Corn Starch, Wheat Flour, Sugar, Natural Flavour, Xanthan Gum, Monoglycerides, Black Pepper, Lactic Acid Grana Padano Cheese: Raw milk, Bacterial culture, Salt, Lysozyme (egg), Rennet. Poppy Seed Goat Cheese: Goat Cheese (Pasteurized Goat Milk, Salt, Bacterial Culture, Microbial Enzyme, Cellulose, Guar Gum, Xanthan Gum, Carob Gum, Potassium Sorbate), Poppy Seeds Praline Spiced Pecans: Pecan (Tree Nuts), Sugar, Cayenne Pepper, Glucose, Soy Lecithin, Salt Salt, Black Pepper, Leeks, Apples, Sage
Pesto Chicken Penne Asiago Allergen Warnings: Mustard, Milk, Egg, Soy, Wheat, Sulphites	Garlic Oil Blend: Roasted Garlic Oil (Garlic, Canola Oil), Canola Oil Chicken Breast Fillets Penne: Wheat and Egg Roasted Garlic: Garlic, Canola Oil Roasted Red Onions: Red Onions, Canola Oil, Salt, Black Pepper Basil Pesto Cream Sauce: Basil Pesto (Basil, Canola Oil, Cheese (Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Lipase, Calcium Chloride, Rennet and/or Microbial Enzyme, Powdered Cellulose, Natural Parmesan Flavour, Natamycin), Garlic (Contains Water, Canola Oil, Citric Acid), Lemon Juice (Sulphites), Salt), Garlic Cream Sauce (Water, Whipping Cream (Cream, Milk, Carrageenan), Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Sodium Benzoate, Citric Acid, Artificial Flavour, Vitamin D3, Canola Oil, Modified Milk Ingredients, Dehydrated Garlic, Salt, Modified Corn Starch, Wheat Flour, Sugar, Natural Flavour, Xanthan Gum, Monoglycerides, Black Pepper, Lactic Acid) Chicken Stock: Water, Broth concentrate (Chicken Stock, Natural Flavour, Salt, Chicken Fat, Sugar, Maltodextrin, Yeast Extract, Stabilizer (Xanthan Gum, Propylene Glycol Alginate Asiago Cheese: Pasteurized milk, Modified Milk Ingredients, Salt, Calcium Chloride, Lipase, Bacterial Culture, Microbial Enzyme, Cellulose, Natamycin Garlic, Red Peppers, Roma Tomatoes, Spinach, Salt, Black Pepper, Parsley
Blackened Chicken Fettuccini Allergen Warnings: Wheat, Dairy	Garlic Cream Sauce: Water, Whipping Cream (Cream, Milk, Carrageenan), Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Sodium Benzoate, Citric Acid, Artificial Flavour, Vitamin A Palmitate, Vitamin D3, Canola Oil, Modified Milk Ingredients, Dehydrated Garlic, Salt, Modified Corn Starch, Wheat Flour, Sugar, Natural Flavour, Xanthan Gum, Monoglycerides, Black Pepper, Lactic Acid Roasted Garlic: Garlic, Canola Oil Chicken Breast Fillets: Chicken, Water, Sugars (concentrated pineapple juice), vegetable oil, vinegar, salt, sodium phosphate, garlic (garlic water), Citric acid, Flavour, Spice, Spice extracts. Chicken Stock: Water, Broth concentrate (Chicken Stock, Natural Flavour, Salt, Chicken Fat, Sugar, Maltodextrin, Yeast Extract, Stabilizer (Xanthan Gum, Propylene Glycol Alginate Fettuccini Pasta: Durum semolina, water, whole liquid eggs, salt, Beta-carotene. Garlic Butter: Butter (Milk), Garlic Clove, Roasted Garlic (Garlic Clove, Canola Oil), Salt, Lemon Juice, Frank's Red Hot Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic Powder), Parsley, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2) Roasted Mushrooms: Button Mushrooms, Portobello Mushrooms, Canola Oil, Rosemary, Thyme, Red Chili Flakes, Black Pepper Dorati Tomatoes: Cherry Tomatoes, Sunflower Seed Oil, Extra Virgin Olive Oil, Salt, Basil, Acidifier- Lactic Acid Nola Spice: spices, salt, granulated garlic, paprika, granulated onion and less than 1% tri-calcium phosphate Asiago Cheese: Pasteurized milk, Modified Milk Ingredients, Salt, Calcium Chloride, Lipase, Bacterial Culture, Microbial Enzyme, Cellulose, Natamycin Brie Cheese: Pasteurized milk, Pasteurized cream, Salt, Calcium chloride, Microbial enzyme, Bacterial culture, P. candidum. Grana Padano Cheese: Raw milk, Bacterial culture, Salt, Lysozyme (egg), Rennet. Macedonian Feta Cheese: Modified milk ingredients, Salt, Lipase, Microbial enzyme, Calcium chloride, Bacterial culture; in brine (water, salt) Focaccia Bread: Unbleached enriched flour, Water, Olive oil, Sea salt, yeast, malted barley flour. Spinach, Canola Oil, Parsley
Crispy Shrimp Noodle Bowl Allergen Warnings: Shellfish, Mushrooms, Dairy, Eggs, Sesame, Soy, Coconut, Peanuts, Wheat	Marinated Shrimp: Shrimp (Shrimp, Sodium Tripolyphosphate, Salt), Roasted Garlic (Garlic, Canola Oil), Sriracha (Chili, Sugar, Salt, Garlic, Distilled Vinegar, Potassium Sorbate, Sodium Bisulfite, Xanthan Gum), Lemon Juice, Salt, Black Pepper, Canola Oil Wham Bam Sauce: Mayonnaise (Soybean Oil, Frozen Whole Eggs, Vinegar, Frozen Egg Yolk, Water, Salt, Sugar, Concentrated Lemon Juice, Mustard Flour, Calcium Disodium Edta, Spices), Thai Chili Sauce (Sugar, Water, White Vinegar, Red Peppers, Salt, Dehydrated Garlic, Spices, Modified Tapioca Starch, Xanthan Gum, Potassium Sorbate, Sodium Benzoate), Sriracha (Chili, Sugar, Salt, Garlic, Distilled Vinegar, Potassium Sorbate, Sodium Bisulfite, Xanthan Gum), Chili Salts: Salt, Red Pepper Flakes Sesame Oil Blend: Sesame Oil, Canola Oil Asian Slaw: Red Pepper, Yellow Pepper, Red Onion, Carrot, Nappa Cabbage, Purple Cabbage, Spinach, Cilantro Coconut Stir Fry Sauce: Coconut Milk, Sweet Soy Sauce, Chili Flakes, Sushi Vinegar (Rice Wine Vinegar, Table Salt, Plantation Sugar, White Sugar) Soy marinated Egg: Egg, Chicken Stock: Water, Broth concentrate (Chicken Stock, Natural Flavour, Salt, Chicken Fat, Sugar, Maltodextrin, Yeast Extract, Stabilizer (Xanthan Gum, Propylene Glycol Alginate, Rice wine vinegar, white vinegar, Soy Sauce (Water, Salt, Caramel Colour, Sugar, Soybeans, Wheat Peanut Sauce: Garlic, Ginger, Cilantro, Honey, Dark Soy Sauce (Water, Salt, Caramel Colour, Sugar, Soybeans, Wheat), Peanut Butter (Dry Roasted Peanuts, Icing Sugar, Corn Syrup Solids, Hydrogenated Vegetable Oil (Rapeseed, Cotton Seed and or Soybean), Salt), Canola Oil, Water, Rice Wine Vinegar (Rice Wine, Salt, Sugar, Water), Whipping Cream (Cream, Milk, Cellulose Gel, Carrageenan, Cellulose Gum) Ramen Noodle: Enriched wheat flour, water, wheat gluten, Tapioka starch, Salt, Potassium carbonate, Sodium carbonate, Guar gum, Potassium sorbate, Sodium phosphate, Dipotassium phosphate, Sunset yellow FCF, Tartarazine. Sweet & Spicy Tabasco: Sugar, Red Pepper, Water, Distilled Vinegar, Pear Concentrate, Garlic, Onion, Tabasco Sauce, Ginger, Salt, Xanthan Gum, Spices Crispy Wontons: Enriched Wheat Flour (Contains: Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Frozen Whole Egg and/or Frozen Albumen, Corn and/or Wheat Starch and/or Modified Corn Starch, Salt, Vinegar, Sodium Propionate, Potassium Sorbate Shiitake Mushrooms, Edamame Beans, Baby Spinach, Sesame Seeds, Cilantro
Ramen Bowl (Korean Fried Chicken) Allergen Warnings: Sesame, Egg, Milk, Soy, Wheat, (May contain: Peanuts/Nuts)	Garlic Oil Blend: Roasted Garlic Oil (Garlic, Canola Oil), Canola Oil Marinated Chicken Thighs: Buttermilk: Partly Skimmed Milk, Salt, Bacterial Culture, Chili Garlic Sauce (Chili, Salt, Garlic, Acetic Acid, Potassium Sorbate and Sodium Bisulfites, Xanthan Gum), Chili Flour: Flour (Wheat Flour, Bezoyle Peroxide, Amylase, Ascorbic Acid, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Chili Salts (Salt, Red Pepper Flakes), Corn Starch, Chicken Broth concentrate (Chicken Stock, Natural Flavour, Salt, Chicken Fat, Sugar, Maltodextrin, Yeast Extract, Stabilizer (Xanthan Gum, Propylene Glycol Alginate, Korean BBQ Sauce: Ketchup: Tomato Paste, Liquid Sugar, White Vinegar, Salt, Onion Powder, Spices, Gochujang Paste: Corn syrup, rice, water, chili powder, salt, alcohol, garlic, yeast extract, onion, fermented soybean powder (soybean, water, salt), thiamine, Koi seeds. Sesame Oil Blend: Sesame Oil, Canola Oil Szechuan Sauce: Garlic, ginger, cilantro, water, Sriracha (Chili, Sugar, Salt, Garlic, Distilled Vinegar, Potassium Sorbate, Sodium Bisulfite, Xanthan Gum), Soy Sauce (Water, Salt, Caramel Colour, Sugar, Soybeans, Wheat), Chili Garlic Sauce (Chili, Salt, Garlic, Acetic Acid, Potassium Sorbate and Sodium Bisulfites, Xanthan Gum), Water Ramen Broth, soy sauce (water, soybeans, Wheat (gluten), salt), Water, Hydrolyzed protein (soybeans, corn, Wheat (gluten)), Vegetable oil (calona, sesame), Sugar, Salt, Kelp extract, Cabbage extract (cabbage, glucose, maltodextrin, salt), Yeast extract, Flavour oil (rice bran oil, leek), Shiitake mushroom extract, Ginger powder, Leek powder, White pepper, Garlic powder (garlic potato starch), Bamboo shoot powder, Thickener: Xanthan gum, black pepper. Acidity Regulator: Lactic acid, corn powder. Ramen Noodle: Enriched wheat flour, water, wheat gluten, Tapioka starch, Salt, Potassium carbonate, Sodium carbonate, Guar gum, Potassium sorbate, Sodium phosphate, Dipotassium phosphate, Sunset yellow FCF, Tartarazine. Asian Slaw: Red Pepper, Yellow Pepper, Red Onion, Carrot, Nappa Cabbage, Purple Cabbage, Spinach, Cilantro Soy marinated Egg: Egg, Chicken Stock: Water, Broth concentrate (Chicken Stock, Natural Flavour, Salt, Chicken Fat, Sugar, Maltodextrin, Yeast Extract, Stabilizer (Xanthan Gum, Propylene Glycol Alginate, Rice wine vinegar, white vinegar, Soy Sauce (Water, Salt, Caramel Colour, Sugar, Soybeans, Wheat Roasted Shiitake mushrooms (canola oil, salt & pepper), Bok Choy (steamed), Green onions, Red chili peppers, B&W Sesame seeds.

Burgers & Handhelds (no side) -November 2025	
1989 Burger Allergen Warnings: Mustard, Milk, Soy, Egg, May Contain Walnuts, Almonds, Tree Nuts, Sesame Seeds, Wheat	Burger Bun: Unbleached wheat flour, Water, Liquid whole eggs, Sesame seeds, Sunflower and/or soybean oil, Liquid egg yolks, Cane sugar, Liquid egg-whites, Salt, Yeast, Cultured wheat flour, Malted barley flour, Ground wheat, Lactic acid, Ascorbic acid, Enzymes, Rice flour (for dusting) Burger Patty: Ground Chuck Burger Sauce: Mayonnaise (Canola Oil, Water, Liquid Whole Egg, Salt, Vinegar, Sugar, Spices, Calcium Disodium), Chipotle Peppers in Adobo Sauce (Chipotle Peppers, Water, Tomato Paste, Salt, Onion, Acetic Acid), Capers (Water, Salt, Vinegar), Garlic Puree (Water, Garlic, Canola Oil, Citric Acid), White Onions, Mustard (Water, Mustard Flour, White Vinegar, Salt, Xanthan Gum, Spices), Green Onions, Sea Salt, Spices, Water, Sugar, Xanthan Gum, Flavour, Citric Acid Cheddar Cheese Slice: Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Calcium Chloride, Microbial Enzyme, Annatto Smoked Bacon: Pork, Water, Salt, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite, Smoke Salt, Black Pepper, Iceberg Lettuce, Red Onion, Red Vine Tomato
Double Smash Burger Allergen Warnings: Wheat, Milk, Egg, Sulphites, Soy, Mustard, Dairy, Sesame Seeds. May Contain Almonds, Walnuts, Tree Nuts	Burger Bun: Unbleached wheat flour, Water, Liquid whole eggs, Sesame seeds, Sunflower and/or soybean oil, Liquid egg yolks, Cane sugar, Liquid egg-whites, Salt, Yeast, Cultured wheat flour, Malted barley flour, Ground wheat, Lactic acid, Ascorbic acid, Enzymes, Rice flour (for dusting) Smash Burger Patty: Ground Chuck Bacon Onion Jam: Smoked Bacon (Pork, Water, Salt, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite, Smoke), Maple Syrup, Ancho Chili Powder, Red Chili Flakes, Red Onions, Garlic, Whiskey Stockton Steak Spice: Spices, Salt Chili Flour: Flour (Wheat Flour, Bezoyle Peroxide, Amylase, Ascorbic Acid, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Chili Salts (Salt, Red Pepper Flakes), Corn Starch Burger Sauce: Mayonnaise (Canola Oil, Water, Liquid Whole Egg, Salt, Vinegar, Sugar, Spices, Calcium Disodium), Chipotle Peppers in Adobo Sauce (Chipotle Peppers, Water, Tomato Paste, Salt, Onion, Acetic Acid), Capers (Water, Salt, Vinegar), Garlic Puree (Water, Garlic, Canola Oil, Citric Acid), White Onions, Mustard (Water, Mustard Flour, White Vinegar, Salt, Xanthan Gum, Spices), Green Onions, Sea Salt, Spices, Water, Sugar, Xanthan Gum, Flavour, Citric Acid Smoked Gouda Cheese: Pasteurized milk, Pasteurized cream, Salt, Calcium chloride, Microbial enzyme, Bacterial culture, P. candidum. Cheddar Cheese Slice: Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Calcium Chloride, Microbial Enzyme, Annatto Buttermilk: Partly Skimmed Milk, Salt, Bacterial Culture Sweet & Spicy Tabasco: Sugar, Red Pepper, Water, Distilled Vinegar, Pear Concentrate, Garlic, Onion, Tabasco Sauce, Ginger, Salt, Xanthan Gum, Spices Iceberg Lettuce, Red Onions, Red Vine Tomatoes, Pickles
Garden Burger Allergen Warnings: Soy, Sulphites, Egg, Mustard, Wheat, Sesame seeds. May Contain Almonds, Walnuts, Tree Nuts	Burger Bun: Unbleached wheat flour, Water, Liquid whole eggs, Sesame seeds, Sunflower and/or soybean oil, Liquid egg yolks, Cane sugar, Liquid egg-whites, Salt, Yeast, Cultured wheat flour, Malted barley flour, Ground wheat, Lactic acid, Ascorbic acid, Enzymes, Rice flour (for dusting) Harvest Patty: Water, Dry Mix (Soy Protein, Modified Cellulose, Flavour, Salt, Hydrolyzed Corn Gluten, Malt Extract, Dried Onion, Dried Garlic, Spices, Beet Powder, Autolyzed Yeast Extract, Parsley), Fat Flakes (Partially Hydrogenated Palm Kernel Oil with Soya Lecithin), Seasoning (Salt, Spices) Red Pepper Relish: Roasted Red Peppers (Roasted Red Peppers, Water, Salt, Citric Acid), Red Onions, Garlic, Lemon Juice, White Wine, Sugar, Salt, Pepper, Chili Flakes, Ginger. Burger Sauce: Mayonnaise (Canola Oil, Water, Liquid Whole Egg, Salt, Vinegar, Sugar, Spices, Calcium Disodium), Chipotle Peppers in Adobo Sauce (Chipotle Peppers, Water, Tomato Paste, Salt, Onion, Acetic Acid), Capers (Water, Salt, Vinegar), Garlic Puree (Water, Garlic, Canola Oil, Citric Acid), White Onions, Mustard (Water, Mustard Flour, White Vinegar, Salt, Xanthan Gum, Spices), Green Onions, Sea Salt, Spices, Water, Sugar, Xanthan Gum, Flavour, Citric Acid Avocado, Iceberg Lettuce, Red Vine Tomato, Red Onion
Steak Sandwich Allergen Warnings: Egg, Milk, Soy, Mustard, Wheat, Sulphites, Sesame seeds. May Contain Tree Nuts	Schiacciata Bread: Unbleached Wheat Flour, Water, Extra Virgin Olive Oil, Herbs, Salt, Malted Barley Flour, Yeast Garlic Oil Blend: Roasted Garlic Oil (Garlic, Canola Oil), Canola Oil Kalbi Marinaded Sirloin: Kalbi Marinade (Sugar, Soy Sauce (Water, Soybeans, Wheat, Salt), Roasted Sesame Seed Oil, Canola Oil, Modified Corn Starch, Garlic, Spice and Spice Extract, Dehydrated Garlic, Water, Soy Lecithin, Potassium Sorbate, Xanthan Gum), Sirloin Scallion Wasabi Aioli: Sour Cream (Milk, Cream, Skim Milk Powder, Modified Corn Starch, Guar Gum, Carrageenan, Carob Bean Gum, Whey Powder (Contains Dextrose), Chives, Sodium Citrate, Bacterial Culture, Microbial Enzyme, Cilantro, Wasabi Paste (Horseshadish, Water, White Vinegar, Vegetable Oil, Sugar/Glucose-fructose Mix, Salt, Xanthan Gum, Artificial Flavour, Colour, Sodium Benzoate, Sulphites), Salt, Black Pepper, Mayonnaise (Soybean Oil, Frozen Whole Eggs, Vinegar, Frozen Egg Yolk, Water, Salt, Sugar, Concentrated Lemon Juice, Mustard Flour, Calcium Disodium Edta, Spices), Lime Juice, Garlic Clove, Scallions, Rice Wine Vinegar. Kalbi Marinade: Sugar, Soy Sauce (Water, Soybeans, Wheat, Salt), Roasted Sesame Seed Oil, Canola Oil, Modified Corn Starch, Garlic, Spice and Spice Extract, Dehydrated Garlic, Water, Soy Lecithin, Potassium Sorbate, Xanthan Gum Roasted Mushrooms: Button Mushrooms, Portobello Mushrooms, Canola Oil, Rosemary, Thyme, Red Chili Flakes, Black Pepper Roasted Red Onions: Red Onions, Canola Oil, Salt, Black Pepper Cilantro, Sesame Seed
Shitake Teriyaki Sandwich Allergen Warnings: Soy, Wheat, Sulphites, Sesame Seeds, . May Contain Tree Nuts	Schiacciata Bread: Unbleached Wheat Flour, Water, Extra Virgin Olive Oil, Herbs, Salt, Malted Barley Flour, Yeast Garlic Oil Blend: Roasted Garlic Oil (Garlic, Canola Oil), Canola Oil Vegan Shitake Mushroom: Soybean fiber, Shitake mushroom, Soybean protein, Wheat protein, pepper, 5 spices, Vegan seasoning, Soy oil. Teriyaki Sauce: Filtered water, Organic cane sugar, Molasses, Red wine vinegar, Gluten free organic tamari, Potato starch, Sesame seeds, ginger, Sesami oil, Garlic, Salt, Spices. Chili Avocado Aioli: Sour Cream (Milk, Cream, Skim Milk Powder, Modified Corn Starch, Guar Gum, Carrageenan, Carob Bean Gum, Whey Powder (Contains Dextrose), Chives, Sodium Citrate, Bacterial Culture, Microbial Enzyme, Cilantro, Wasabi Paste (Horseshadish, Water, White Vinegar, Vegetable Oil, Sugar/Glucose-fructose Mix, Salt, Xanthan Gum, Artificial Flavour, Colour, Sodium Benzoate, Sulphites), Salt, Black Pepper, Mayonnaise (Soybean Oil, Frozen Whole Eggs, Vinegar, Frozen Egg Yolk, Water, Salt, Sugar, Concentrated Lemon Juice, Mustard Flour, Calcium Disodium Edta, Spices), Lime Juice, Garlic Clove, Scallions, Rice Wine Vinegar. Cilantro Lime Vinaigrette: White Balsamic Vinegar (Wine Vinegar, Grape Must, Caramel (Colour), Sulfur Dioxide), Garlic Chili Sauce (Chili, Salt, Garlic, Distilled Vinegar, Potassium Sorbate and Sodium Bisulfate, Xanthan Gum), Salt, Black Pepper, Canola Oil, Lemon Juice, Scallions, Lime Juice, Garlic, Cilantro Asian Slaw: Red Pepper, Yellow Pepper, Red Onion, Carrot, Savoy Cabbage, Purple Cabbage, Bok Choy, Cilantro Roasted Mushrooms: Button Mushrooms, Portobello Mushrooms, Canola Oil, Rosemary, Thyme, Red Chili Flakes, Black Pepper Roasted Red Onions: Red Onions, Canola Oil, Salt, Black Pepper Cilantro, Sesame Seed
Crispy Korean Chicken Sandwich Allergen Warnings: Wheat,Milk, Sesame Seeds, Mustard, Soy, Egg	Burger Bun: Unbleached wheat flour, Water, Liquid whole eggs, Sesame seeds, Sunflower and/or soybean oil, Liquid egg yolks, Cane sugar, Liquid egg-whites, Salt, Yeast, Cultured wheat flour, Malted barley flour, Ground wheat, Lactic acid, Ascorbic acid, Enzymes, Rice flour (for dusting) Marinated Chicken Thighs: Buttermilk: Partly Skimmed Milk, Salt, Bacterial Culture, Chili Garlic Sauce (Chili, Salt, Garlic, Acetic Acid, Potassium Sorbate and Sodium Bisulfites, Xanthan Gum), Chili Flour: Flour (Wheat Flour, Bezoyle Peroxide, Amylase, Ascorbic Acid, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Chili Salts (Salt, Red Pepper Flakes), Corn Starch, Chicken Broth concentrate (Chicken Stock, Natural Flavour, Salt, Chicken Fat, Sugar, Maltodextrin, Yeast Extract, Stabilizer (Xanthan Gum, Propylene Glycol Alginate Korean BBQ Sauce: Ketchup: Tomato Paste, Liquid Sugar, White Vinegar, Salt, Onion Powder, Spices, Gochujang Paste: Corn syrup, rice, water, chili powder, salt, alcohol, garlic, yeast extract, onion, fermented soybean powder (soybean, water, salt), thiamine, Koji seeds. Kimchi Aioli: Mayonnaise (Soybean Oil, Frozen Whole Eggs, Vinegar, Frozen Egg Yolk, Water, Salt, Sugar, Concentrated Lemon Juice, Mustard Flour, Calcium Disodium Edta, Spices), Stockton Street Spice (salt, black pepper, Szechuan pepper, corn, pink pepper, corn, Tellicherry pepper, corn, white pepper), Kimchi (Napa Cabbage, Red Chili Powder, Sugar, Daikon Radish, Kelpstock (dried Kelp, Water), Garlic, Rice Flour, Monosodium Glutamate, leeks, Onions, Salt, Ginger), Garlic Chili Sauce (Chili, Salt, Garlic, Acetic Acid, Potassium Sorbate, Sodium Bisulfite, Xanthan Gum) Chili Flour: Flour (Wheat Flour, Bezoyle Peroxide, Amylase, Ascorbic Acid, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Chili Salts (Salt, Red Pepper Flakes), Corn Starch Asian Slaw: Red Pepper, Yellow Pepper, Red Onion, Carrot, Savoy Cabbage, Purple Cabbage, Bok Choy, Cilantro Pickles: Cucumbers, Water, Vinegar, Salt, Dehydrated garlic, Spices (mustard), Calcium Chloride.
Tacos (Chili Lime Chicken) Allergen Warnings: Wheat, Sulphites, Soy, Milk, Egg Tacos (Fried Basa) Allergen Warnings: Wheat, Sulphites, Soy, Milk, Egg, Fish	Flour Tortillas: Wheat flour, Water, Canola/Modified Palm Oil Shortening, Mono- and Diglycerides, Salt, Baking Powder, Calcium Propionate, Rice Flour, Sugar, Fumaric Acid, Sorbic Acid, CMC Gum, Guar Gum, Potassium Sorbate, Enzymes (Wheat Starch, Microcrystalline Cellulose), L-Cysteine (Vegetable Sourced) Asian Slaw: Red Pepper, Yellow Pepper, Red Onion, Carrot, Nappa Cabbage, Purple Cabbage, Spinach, Cilantro Cilantro Lime Vinaigrette: White Balsamic Vinegar (Wine Vinegar, Grape Must, Caramel (Colour), Sulfur Dioxide), Garlic Chili Sauce (Chili, Salt, Garlic, Distilled Vinegar, Potassium Sorbate and Sodium Bisulfate, Xanthan Gum), Salt, Black Pepper, Canola Oil, Lemon Juice, Scallions, Lime Juice, Garlic, Cilantro Chili Avocado Aioli: Vegan Mayonnaise (Soybean Oil, Water, Sugar, Vinegar, Salt, Modified Corn and Potato Starch, Concentrated Lemon Juice, Natural Flavour, Spice and Calcium Disodium EDTA (Maintains Flavour), Avocado, Garlic Chili Sauce (Chili, Salt, Garlic, Distilled Vinegar, Potassium Sorbate and Sodium Bisulfate, Xanthan Gum), Cilantro, Lime Juice, Salt, White Pepper Marinated Basa: Basa (Basa Fillets, Water, Sodium Triphosphosphate, Salt), Buttermilk (Partly Skimmed Milk, Salt, Bacterial Culture) Marinated Chili Lime Chicken: Chicken Thighs, Nola Spice (spices, salt, granulated garlic, paprika, granulated onion and less than 1% tri-calcium phosphate), Lime Juice Chili Flour: Flour (Wheat Flour, Bezoyle Peroxide, Amylase, Ascorbic Acid, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Chili Salts (Salt, Red Pepper Flakes), Corn Starch Cilantro Pepita Dressing: Soybean Oil, Water, Tomatillo, Pepita Seeds, Cilantro, White Wine Vinegar, Egg Yolk, Sugar, Calcium Disodium EDTA, Dehydrated Red Bell Peppers, FD&C Blue #1, FD&C Red #40, FD&C Yellow #5, Garlic, Lactic Acid, Lime Juice Concentrate, Natural Flavour, Polysorbate 60, Salt, Sodium Benzoate, Potassium Sorbate, Spices (Mustard), Xanthan Gum Sweet & Spicy Tabasco: Sugar, Red Pepper, Water, Distilled Vinegar, Pear Concentrate, Garlic, Onion, Tabasco Sauce, Ginger, Salt, Xanthan Gum, Spices Fresh Cut Salsa: Roma Tomatoes, Red Chili Flakes, Franks Red Hot Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic Powder), Salt, Black Pepper, Cilantro, White Onions, Lemon Juice, Lime Juice, Canola Oil Avocado, Cilantro, Lime Wedge

Mains - November 2025	
Pistachio Crusted Salmon Allergen Warnings: Fish, Milk, Soy, Sulphites	Dijon Mustard: Water, Mustard Seed, Vinegar, Apple Cider Vinegar, Salt, Potassium Metabisulphite (Sulphites) Pistachio & Onion Crust: Pistachios, Panko Breadcrumbs, Roasted Onions (Red Onions, Canola Oil, Salt, Black Pepper), Parsley, Salt, Pepper, Olive Oil, Raisins Seasonal Vegetables: Butter (Milk), Green Beans, Roasted Red Onions. (Red Onion, Salt, Black Pepper, Canola Oil), Roasted Carrot (Carrot, Canola Oil, Salt, Black Pepper) Quinoa + Rice Pilaf: Rice Wine Vinegar, Water), Seasoned Jasmine Rice (Jasmine Rice, Rice Wine Vinegar, Salt, Water), Quinoa (Tricolour Quinoa, Water, Salt), Salt, Black Pepper, Red Onion, Green Onion, Red Bell Pepper, Yellow Bell Pepper, Carrots, Parsley, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2) Salmon, Green Onions
Marsala Pork Chop Allergen Warnings: Soy, Dairy	Fresh pork chop, Brine: 5-spice powder (star anise, cloves, cinnamon, sichuan peppercorns, fennel seed), Dark Soy Sauce (Water, Salt, Caramel Colour, Sugar, Soybeans, Wheat), white sugar, ginger, garlic. Chicken Stock: Water, Broth concentrate (Chicken Stock, Natural Flavour, Salt, Chicken Fat, Sugar, Maltodextrin, Yeast Extract, Stabilizer (Xanthan Gum, Propylene Glycol Alginate Resers Mashed Potatoes: Yukon Gold Potatoes, water, whole milk, butter, sweet cream, salt, natural flavour, nisin, natural antimicrobial, roasted garlic (fresh garlic, canola oil), parsley. Seasonal Vegetables: Butter (Milk), Green Beans, Roasted Red Onions. (Red Onion, Salt, Black Pepper, Canola Oil), Roasted Carrot (Carrot, Canola Oil, Salt, Black Pepper) Crisp Leeks: Leeks, Corn Starch Garlic Cream Sauce: Water, Whipping Cream (Cream, Milk, Carrageenan), Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Sodium Benzoate, Citric Acid, Artificial Flavour, Vitamin A Palmitate, Vitamin D3, Canola Oil, Modified Milk Ingredients, Dehydrated Garlic, Salt, Modified Corn Starch, Wheat Flour, Sugar, Natural Flavour, Xanthan Gum, Monoglycerides, Black Pepper, Lactic Acid Asiago Cheese: Pasteurized milk, Modified Milk Ingredients, Salt, Calcium Chloride, Lipase, Bacterial Culture, Microbial Enzyme, Cellulose, Natamycin Dorati Tomatoes: Cherry Tomatoes, Sunflower Seed Oil, Extra Virgin Olive Oil, Salt, Basil, Acidifier: Lactic Acid Marsala Wine: Marsala Wine, Sugar, Alcohol, Egg Yolks, Natural and artificial flavours. Roasted Mushrooms: Button Mushrooms, Portobello Mushrooms, Canola Oil, Rosemary, Thyme, Red Chili Flakes, Black Pepper Stocton Steak Spice: (assorted peppercorns, salt) Spinach, Salt, Pepper
Portobello Mushroom Chicken Allergen Warnings: Sulphites, Milk, Soy, Wheat, Egg	Garlic Oil Blend: Roasted Garlic Oil (Garlic, Canola Oil), Canola Oil Chicken Breast: Chicken Water Sugars (concentrated pineapple juice) Vegetable oil Vinegar Salt Sodium phosphate Garlic (garlic water) Citric acid Flavour Spice Spice extracts. Roasted Garlic: Garlic, Canola Oil Chicken Stock: Water, Broth concentrate (Chicken Stock, Natural Flavour, Salt, Chicken Fat, Sugar, Maltodextrin, Yeast Extract, Stabilizer (Xanthan Gum, Propylene Glycol Alginate Grana Padano Cheese: Raw milk, Bacterial culture, Salt, Lysozyme (egg), Rennet. Tagliarini Pasta: Durum semolina, water, whole liquid eggs, salt, Beta-carotene. Basil Pesto Cream Sauce: Basil Pesto (Basil, Canola Oil, Cheese (Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Lipase, Calcium Chloride, Rennet and/or Microbial Enzyme, Powdered Cellulose, Natural Parmesan Flavour, Natamycin), Garlic (Contains Water, Canola Oil, Citric Acid), Lemon Juice (Sulphites), Salt), Garlic Cream Sauce (Water, Whipping Cream (Cream, Milk, Carrageenan), Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Sodium Benzoate, Citric Acid, Artificial Flavour, Vitamin A Palmitate, Vitamin D3, Canola Oil, Modified Milk Ingredients, Dehydrated Garlic, Salt, Modified Corn Starch, Wheat Flour, Sugar, Natural Flavour, Xanthan Gum, Monoglycerides, Black Pepper, Lactic Acid) Seasonal Vegetables: Butter (Milk), Green Beans, Roasted Red Onions. (Red Onion, Salt, Black Pepper, Canola Oil), Roasted Carrot (Carrot, Canola Oil, Salt, Black Pepper) Asiago Cheese: Pasteurized milk, Modified Milk Ingredients, Salt, Calcium Chloride, Lipase, Bacterial Culture, Microbial Enzyme, Cellulose, Natamycin Salt, Black Pepper, Garlic, Portobello Mushrooms, White Wine, 35% Cream, Basil, Parsley
Sweet Chili Chicken Bowl Allergen Warnings: Egg, Sulphites, Soy, Wheat, Coconut	Garlic Oil Blend: Roasted Garlic Oil (Garlic, Canola Oil), Canola Oil Asian Slaw: Red Pepper, Yellow Pepper, Red Onion, Carrot, Nappa Cabbage, Purple Cabbage, Spinach, Cilantro Jasmine Rice: Jasmine Rice, Sushi Vinegar (Rice Wine Vinegar, Plantain Sugar, White Sugar), Salt Chicken Bite Portions: Liquid Egg (Whole egg, Sodium Phosphate, Citric Acid), Chicken Breast Fillets (Raw Chicken) Coconut Stir Fry Sauce: Coconut Milk, Sweet Soy Sauce, Chili Flakes, Sushi Vinegar (Rice Wine Vinegar, Table Salt, Plantation Sugar, White Sugar) Chili Flour: Flour (Wheat Flour, Benzoyl Peroxide, Amylase, Ascorbic Acid, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Chili Salts (Salt, Red Pepper Flakes), Corn Starch Sweet Thai Chili Sauce: Thai Chili Sauce (Sugar, Water, White Vinegar, Red Peppers, Salt, Dehydrated Garlic, Spices, Modified Tapioca Starch, Xanthan Gum, Potassium Sorbate, Sodium Benzoate), Dark Soy Sauce (Water, Salt, Caramel Colour, Sugar, Soybeans, Wheat), Cilantro Crispy Wontons: Enriched Wheat Flour (Contains: Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Frozen Whole Egg and/or Frozen Albumen, Corn and/or Wheat Starch and/or Modified Corn Starch, Salt, Vinegar, Sodium Propionate, Potassium Sorbate Sesame Seeds, Green Onion, Cilantro, Lime Wedge
Sushi Bowl Allergen Warnings: Soy, Mustard, Sesame, Sulphites, Egg, Fish, Nuts	Sushi Mayo: Mayonnaise (Soybean Oil, Frozen Whole Eggs, Vinegar, Frozen Egg Yolk, Water, Salt, Sugar, Concentrated Lemon Juice, Mustard Flavour, Calcium Disodium Edta, Spices), Dark Soy Sauce (Water, Salt, Caramel Colour, Sugar, Soybeans, Wheat), Sesame Oil, Sriracha (Chili, Sugar, Salt, Garlic, Distilled Vinegar, Potassium Sorbate, Sodium Bisulfite, Xanthan Gum), Fish Sauce (Anchovie Extract, Salt, Sugar), Chili Salts (Salt, Red Chili Flakes) Jasmine Rice: Jasmine Rice, Sushi Vinegar (Rice Wine Vinegar, Plantain Sugar, White Sugar), Salt Roasted Edamame: Edamame Bean (Soy), Canola Oil, Salt, Black Pepper Grilled Pineapple: Pineapple, Canola Oil, Salt, Black Pepper Cilantro Lime Vinaigrette: White Balsamic Vinegar (Wine Vinegar, Grape Must, Caramel (Colour), Sulfur Dioxide), Garlic Chili Sauce (Chili, Salt, Garlic, Distilled Vinegar, Potassium Sorbate and Sodium Bisulfate, Xanthan Gum), Salt, Black Pepper, Canola Oil, Lemon Juice, Scallions, Lime Juice, Garlic, Cilantro Wasabi: Horseradish, Water, White Vinegar, Vegetable Oil, Sugar/Glucose-fructose Mix, Salt, Xanthan Gum, Artificial Flavour, Colour, Sodium Benzoate, Sulphites Sweet & Spicy Tabasco: Sugar, Red Pepper, Water, Distilled Vinegar, Pear Concentrate, Garlic, Onion, Tabasco Sauce, Ginger, Salt, Xanthan Gum, Spices Ahi Tuna or Salmon Poke, Sriracha Poke Sauce: Sriracha chili sauce (chili, sugar, salt, garlic, distilled vinegar, potassium sorbate, sodium bisulfite, xanthan gum), Flying fish roe, red chili paste (chili, sugar, salt, distilled vinegar, potassium sorbate, sodium bisulfite, xanthan gum), Sesame oil, Sea Salt, Kukui Nuts, Sesame seeds Sesame Seeds, Cucumber, Carrots, Purple Cabbage, Grape Tomatoes, Avocado, Cilantro,
Shitake Teriyaki Bowl- Vegan Allergen Warnings: Soy, Wheat, Sesame, Sulphites	Vegan Shitake Mushroom: Soybean fiber, Shitake mushroom, Soybean protein, Wheat protein, pepper, 5 spices, Vegan seasoning, Soy oil. Teriyaki Sauce: Filtered water, Organic cane sugar, Molasses, Red wine vinegar, Gluten free organic tamari, Potato starch, Sesame seeds, ginger, Sesame oil, Garlic, Salt, Spices. Jasmine Rice: Jasmine Rice, Sushi Vinegar (Rice Wine Vinegar, Plantain Sugar, White Sugar), Salt Roasted Edamame: Edamame Bean (Soy), Canola Oil, Salt, Black Pepper Grilled Pineapple: Pineapple, Canola Oil, Salt, Black Pepper Cilantro Lime Vinaigrette: White Balsamic Vinegar (Wine Vinegar, Grape Must, Caramel (Colour), Sulfur Dioxide), Garlic Chili Sauce (Chili, Salt, Garlic, Distilled Vinegar, Potassium Sorbate and Sodium Bisulfate, Xanthan Gum), Salt, Black Pepper, Canola Oil, Lemon Juice, Scallions, Lime Juice, Garlic, Cilantro Wasabi: Horseradish, Water, White Vinegar, Vegetable Oil, Sugar/Glucose-fructose Mix, Salt, Xanthan Gum, Artificial Flavour, Colour, Sodium Benzoate, Sulphites Sweet & Spicy Tabasco: Sugar, Red Pepper, Water, Distilled Vinegar, Pear Concentrate, Garlic, Onion, Tabasco Sauce, Ginger, Salt, Xanthan Gum, Spices Sesame Seeds, Cucumber, Carrots, Purple Cabbage, Grape Tomatoes, Avocado, Cilantro,

The "M" Bowl- Chicken Allergen Warnings: Milk, Sulphites, Soy, Wheat	Chicken Breast: Chicken Water Sugars (concentrated pineapple juice) Vegetable oil Vinegar Salt Sodium phosphate Garlic (garlic water) Citric acid Flavour Spice Spice extracts. Garlic Butter: Butter (Milk), Garlic Clove, Roasted Garlic (Garlic Clove, Canola Oil), Salt, Lemon Juice, Frank's Red Hot Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic Powder), Parsley, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lechtin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2) Indian Spiced Basmati Rice: Short grain rice, Spices: Salt, cinamon, cardamom, clove Spiced Tomato Sauce: Mother Sauce (Tomatoes, Tomato Puree [Water, Tomato Paste], Onions, Extra Virgin Olive Oil, Garlic, Sugar, Modified Corn Starch, Salt, Spices, Citric Acid), Roasted Red Pepper Strips (Roasted Red Peppers, Water, Salt, Citric Acid., Chipotle Peppers in Adobo (Chipotle Peppers, Water, Vinegar, Sugar, Salt, Tomato Paste, Artificial Smoke Flavour, Xanthan Gum, Onion, Garlic, Sulphites), Lemon Juice, Garlic, Parsley, Salt. Heritage Spring Mix: Crisphead Lettuce, Red Leaf Lettuce Lemon Vinaigrette Dressing: Lemon Juice (water, lemon juice concentrate, sodium bisulphates, sodium benzonate), Olive Oil, Canola Oil, Salt, Black Pepper, Oregano, Garlic, Xanthan Gum Roasted Mushrooms: Portobello Mushrooms, Button Mushrooms, Canola Oil, Rosemary, Thyme, Chili Flakes, Black Pepper. Grilled Pineapple: Pineapple, Salt, Black Pepper, Canola Oil Mediterranean Salad: Chick Peas, Quinoa, Lemon Vinaigrette Dressing [Canola oil, lemon juice, olive oil, rice wine vinegar (may contain soy, wheat, sulphites), honey, salt], Chili Salts (Salt, Red Chili Flakes), Gremolata (Parsley, Lemon Zest), Choluta Hot Sauce (Water, Peppers (Arbol/Piquin), Salt, Vinegar, Garlic Powder, Spices, Xanthan Gum) Fresh Cut Salsa: Roma Tomatoes, Red Chili Flakes, Franks Red Hot Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic Powder), Salt, Black Pepper, Cilantro, White Onions, Lemon Juice, Lime Juice, Canola Oil Crispy Leeks: Leeks, Corn Starch Grape Tomatoes, Avocado, Salt, Pepper Gremolata: Parsley, Lemon
Butter Chicken Allergen Warnings: Wheat, Milk, Sesame, Mustard, Soy	Marinated Chicken Thigh: Garlic Oil Blend: Roasted Garlic Oil (Garlic, Canola Oil), Canola Oil, Chili Salts: Salt, Red Pepper Flakes, Butter Chicken Sauce: Water, Tomato Paste (tomatoes), Onions, Butter (cream, salt), spices, Cream (Cream, Milk, Carrageenan, Mono and diglycerides, Cellulose gum, Polysorbate 80, Sodium Citrate), Sugars (sugar, dextrose), Spices, Dehydrated garlic, Paprika, Salt, Modified milk ingredients (milk), Tomato powder (silicium dioxide), Turmeric, Citric acid, Sugars (sugars, brown), Thermoflo, Salt, Spices, Turmeric, Ground, Spices, Cumin Seed, Mustard Dry, Butter Chicken Spice: Sugar, Spices (cumin, black pepper, ginger, coriander, yellow mustard, cardamom, fenugreek, cinnamon, turmeric, cloves, nutmeg), Salt, Distilled white vinegar (maltodextrin, white vinegar), Brown sugar, Tomato powder, Paprika, Onion, Natural butter flavour (whey solids, enzyme modified butter, maltodextrin, salt, dehydrated butter, guar gum, annatto, turmeric), Garlic, Silicon Dioxide (anti-caking agent), Citric acid, Chili Pepper, Natural mango flavour. Butter Chicken Sauce: Water, Tomato Paste (tomatoes), Onions, Butter (cream, salt), spices, Cream (Cream, Milk, Carrageenan, Mono and diglycerides, Cellulose gum, Polysorbate 80, Sodium Citrate), Sugars (sugar, dextrose), Spices, Dehydrated garlic, Paprika, Salt, Modified milk ingredients (milk), Tomato powder (silicium dioxide), Turmeric, Citric acid, Sugars (sugars, brown), Thermoflo, Salt, Spices, Turmeric, Ground, Spices, Cumin Seed, Mustard Dry Chicken Stock: Water, Broth concentrate (Chicken Stock, Natural Flavour, Salt, Chicken Fat, Sugar, Maltodextrin, Yeast Extract, Stabilizer (Xanthan Gum, Propylene Glycol Alginate) Basmati Rice: Short grain rice, Spices: Salt, cinamon, cardamom, clove Naan Bread: Enriched wheat flour, Buttermilk (milk ingredients, bacterial culture), Water, Soybean oil, Liquid whole egg, Sugar, Baking powder, Salt, Cultured wheat flour, Ghee (clarified butter), Wheat gluten, Yeast, Amylase Cucumber Mint Rita: Greek Yogurt (Cultured pasturized milk, Pectin), English cucumbers, Garlic, Lime (Juice & zest), White Pepper, Mint Cilantro(chopped)
Thai Green Curry Bowl Allergen Warnings: Fish, Wheat, Milk Shellfish W/ Shrimp	Garlic Oil Blend: Roasted Garlic Oil (Garlic, Canola Oil), Canola Oil Green Curry Sauce: Coconut cream (coconut, water, xanthan gum), Cream (milk), Water, Fish sauce (anchovy extract, water, salt, sugar), Sugar, Green curry paste (green chili peppers, onion, ginger, salt, lemongrass, garlic, vinegar, spices, dried garlic and onion, Yeast, Flavour, Citric acid, Lime juice), Jalapeno peppers, Canola oil, Cilantro, Modified core starch, Onions, Garlic, Salt, Spices, Turmeric. Chicken Filets or 31/40 Shrimp (Sodium Tripolyphosphate, Salt) or Tofu (Water, Soybeans (Non-GMO), Magnesium Chloride, Calcium Sulphate) Jasmine Rice: Jasmine Rice, Sushi Vinegar (Rice Wine Vinegar, Plantain Sugar, White Sugar), Salt Crispy Wontons: Enriched Wheat Flour (Contains: Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Frozen Whole Egg and/or Frozen Albumen, Corn and/or Wheat Starch and/or Modified Corn Starch, Salt, Vinegar, Sodium Propionate, Potassium Sorbate Asian Slaw: Red Pepper, Yellow Pepper, Red Onion, Carrot, Savoy Cabbage, Purple Cabbage, Cilantro Roasted Mushrooms: Button Mushrooms, Portobello Mushrooms, Canola Oil, Rosemary, Thyme, Red Chili Flakes, Black Pepper Garlic Chili Pack, Garlic Chili Sauce (Chili, Salt, Garlic, Distilled Vinegar, Potassium Sorbate and Sodium Bisulfate, Xanthan Gum), Garlic, Ginger, Lime juice, Cilantro B&W Sesame seeds, Cilantro
Mediterranean Chicken Allergen Warnings: Sulphites, Soy, Milk	Chicken Breast: Chicken Water Sugars (concentrated pineapple juice) Vegetable oil Vinegar Salt Sodium phosphate Garlic (garlic water) Citric acid Flavour Spice Spice extracts. Garlic Butter: Butter (Milk), Garlic Clove, Roasted Garlic (Garlic Clove, Canola Oil), Salt, Lemon Juice, Frank's Red Hot Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic Powder), Parsley, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lechtin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2) Sriracha Goat Cheese: Goat Cheese (Pasteurized Goat's Milk, Sea Salt, Potassium Sorbate, Bacterial Culture, Microbial Enzyme), Sriracha Sauce (Sweet Red Peppers, Water, Cayenne Pepper Sauce, Modified Corn Starch, Salt, Brown Sugar, Chili Pepper Seeds, Cider Vinegar, Garlic Powder, Potassium Sorbate, Xanthan Gum, Caramel, Spices, Natural Flavour), Sriracha Seasoning (Ground Chillies, Dehydrated Garlic, Brown Sugar, Salt, Citric Acid, Spices, Natural Flavour, Olive Oil, Xanthan Gum) Garlic Oil Blend: Roasted Garlic Oil (Garlic, Canola Oil), Canola Oil Roasted Red Onions: Red Onions, Canola Oil, Salt, Black Pepper Dorati Tomatoes: Cherry Tomatoes, Sunflower Seed Oil, Extra Virgin Olive Oil, Salt, Basil, Acidifier- Lactic Acid Balsamic Reduction: Balsamic Vinegar of Modena 61% (Wine Vinegar, Cooked Grape Must), Cooked Grape Must, Sugar, Xanthan Gum Basil Oil: Olive Oil, Canola Oil, Salt, Basil Gremolata: Parsley, Lemon Zest Spinach, Baby Kale, Salt, Black Pepper, Chick Peas
Stuffed Portobello Mushroom Cap Allergen Warning: Soy	Spiced Tomato Sauce: Mother Sauce (Tomatoes, Tomato Puree [Water, Tomato Paste], Onions, Extra Virgin Olive Oil, Garlic, Sugar, Modified Corn Starch, Salt, Spices, Citric Acid), Roasted Red Pepper Strips (Roasted Red Peppers, Water, Salt, Citric Acid., Chipotle Peppers in Adobo (Chipotle Peppers, Water, Vinegar, Sugar, Salt, Tomato Paste, Artificial Smoke Flavour, Xanthan Gum, Onion, Garlic, Sulphites), Lemon Juice, Garlic, Parsley, Salt. Stuffed Mushroom Vegetable Pack: Arugula, Spinach, Edamame Beans, Dorati Tomatoes (Cherry Tomatoes, Sunflower Seed Oil, Extra Virgin Olive Oil, Salt, Basil, Acidifier- Lactic Acid) Vegan Margarine: Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lechtin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2 Vegan Mozzarella Cheese: Filtered Water, Tapioca Starch, Coconut Oil, Expeller Pressed: Canola and/or Safflower Oil, Vegan Natural Flavours, Chickpea Protein, Salt, Potato Protein, Tricalcium Phosphate, Lactic Acid (Vegan), Konjac Gum, Xanthan Gum, Yeast Extract, Concentrated Pumpkin Juice Quinoa + Rice Pilaf: Rice Wine Vinegar, Water, Seasoned Jasmine Rice (Jasmine Rice, Rice Wine Vinegar, Salt, Water), Quinoa (Tricolour Quinoa, Water, Salt), Salt, Black Pepper, Red Onion, Green Onion, Red Bell Pepper, Yellow Bell Pepper, Carrots, Parsley, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lechtin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2) Seasonal Vegetables: Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lechtin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2), Green Beans, Roasted Red Onions. (Red Onion, Salt, Black Pepper, Canola Oil), Roasted Carrot (Carrot, Canola Oil, Salt, Black Pepper) Crisp Leeks: Leeks, Corn Starch Basil Oil: Olive Oil, Canola Oil, Salt, Basil Portobello Mushroom: Salt, Black Pepper, Parsley

Steaks - November 2025	
6oz Sirloin Allergen Warnings: Milk, Soy	Marinated Sirloin Steak: Top Sirloin, Canola Oil, Roasted Garlic Oil (Garlic, Canola Oil), Stockton Steak Spice (Spices, Salt) Garlic Butter: Butter (Milk), Garlic Clove, Roasted Garlic (Garlic Clove, Canola Oil), Salt, Lemon Juice, Frank's Red Hot Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic Powder), Parsley, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lechtin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2) Stockton Steak Spice: Spices, Salt Resers Mashed Potatoes: Yukon Gold Potatoes, water, whole milk, butter, sweet cream, salt, natural flavour, nisin, natural antimicrobial, roasted garlic (fresh garlic, canola oil), parsley Seasonal Vegetables: Butter (Milk), Green Beans, Roasted Red Onions. (Red Onion, Salt, Black Pepper, Canola Oil), Roasted Carrot (Carrot, Canola Oil, Salt, Black Pepper) Salt, Black Pepper, Parsley
7oz Filet Mignon Allergen Warnings: Milk, Soy	Marinated Filet Steak: Filet Mignon, Canola Oil, Roasted Garlic Oil (Garlic, Canola Oil), Stockton Steak Spice (Spices, Salt) Garlic Butter: Butter (Milk), Garlic Clove, Roasted Garlic (Garlic Clove, Canola Oil), Salt, Lemon Juice, Frank's Red Hot Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic Powder), Parsley, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lechtin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2) Stockton Steak Spice: Spices, Salt Resers Mashed Potatoes: Yukon Gold Potatoes, water, whole milk, butter, sweet cream, salt, natural flavour, nisin, natural antimicrobial, roasted garlic (fresh garlic, canola oil), parsley Seasonal Vegetables: Butter (Milk), Green Beans, Roasted Red Onions. (Red Onion, Salt, Black Pepper, Canola Oil), Roasted Carrot (Carrot, Canola Oil, Salt, Black Pepper) Salt, Black Pepper, Parsley
12oz NY Steak Allergen Warnings: Milk, Soy	Marinated NY Steak: NY Striploin, Canola Oil, Roasted Garlic Oil (Garlic, Canola Oil), Stockton Steak Spice (Spices, Salt) Garlic Butter: Butter (Milk), Garlic Clove, Roasted Garlic (Garlic Clove, Canola Oil), Salt, Lemon Juice, Frank's Red Hot Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic Powder), Parsley, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lechtin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2) Stockton Steak Spice: Spices, Salt Seasonal Vegetables: Butter (Milk), Green Beans, Roasted Red Onions. (Red Onion, Salt, Black Pepper, Canola Oil), Roasted Carrot (Carrot, Canola Oil, Salt, Black Pepper) Resers Mashed Potatoes: Yukon Gold Potatoes, water, whole milk, butter, sweet cream, salt, natural flavour, nisin, natural antimicrobial, roasted garlic (fresh garlic, canola oil), parsley Parsley
Steak Frites Allergen Warnings: Dairy, Soy, Wheat	Marinated Sirloin Steak: Top Sirloin, Canola Oil, Roasted Garlic Oil (Garlic, Canola Oil), Stockton Steak Spice (Spices, Salt) Garlic Butter: Butter (Milk), Garlic Clove, Roasted Garlic (Garlic Clove, Canola Oil), Salt, Lemon Juice, Frank's Red Hot Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic Powder), Parsley, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lechtin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2) Stockton Steak Spice: Spices, Salt French Fries: Potatoes, Vegetable Oil (Canola and/or Soybean and/or Cottonseed and/or Sunflower), Modified Potato Starch, Rice Flour, Dextrin, Salt, Baking Powder, Sodium Acid Pyrophosphate, Xanthan Gum, Sugars (Dextrose) Grana Padano Cheese: Raw milk, Bacterial culture, Salt, Lysozyme (egg), Rennet. Peppercom Sauce: Canola Oil, Roasted Garlic (Garlic, Canola Oil), Black Pepper Butter (Jack Daniels (Corn, Rye, Malted Barley), Unsalted Butter, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lechtin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2), Honey, Salt, Black Pepper, Corn Starch, Roasted Garlic (Garlic, Canola Oil), Celery, Onion, Carrot, Tomato Paste, Rosemary, Thyme, Jack Daniels, Red Wine, Au Jus Powder (Salt, Corn Starch, Hydrolyzed Soy Protein, Caramel Colour (Sulphites), Beef Powder, Sugar, Onion Powder, Beef Fat, Canola Oil, Glucose Solids, Natural Flavours (Maltodextrin, Milk Ingredients), Disodium Inosinate, Disodium Guanylate, Yeast Extract, Torula Yeast, Citric Acid), Rice Wine Vinegar (Rice Wine, Salt, Sugar) Flour Gremolata: Parsley, Lemon Zest Chili Salts: Salt, Red Pepper Flakes
Surf N Turf Topper Allergen Warnings: Shellfish, Fish, Milk, Soy, Sulphites	Garlic Oil Blend: Roasted Garlic Oil (Garlic, Canola Oil), Canola Oil Shrimp: Shrimp, Bay Scallops, Lobster Meat (Sodium Tripolyphosphate, Salt) Garlic Butter: Butter (Milk), Garlic Clove, Roasted Garlic (Garlic Clove, Canola Oil), Salt, Lemon Juice, Frank's Red Hot Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic Powder), Parsley, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lechtin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2) Lobster Butter Sauce: Lobster Butter (Unsalted butter (milk), roasted garlic (garlic, canola oil), corn starch (sulphites), tomato paste (tomatoes), Lobster Base (Cooked lobster meat (Includes lobster tomally), Salt, Corn, Tapioka and Potato Maltodextrins, Sugar, Autolyzed Yeast Extract, Corn oil, Milk ingredient, Corn and potato starches, Tomato Paste, Onion powder, Disodium Inosinate, Disodium Guanylate, Lobster extracts, Cod liver oil, Garlic powder, Lactic Acid, Sices, Flavour (Contains Soy & Celery). CONTAINS: SOY, MILK, COD AND LOBSTER. MAY CONTAIN: OTHER FISH, SHELLFISH AND CRUSTACEANS), black pepper, White wine (sulphites), Gremolata. Resers Mashed Potatoes: Yukon Gold Potatoes, water, whole milk, butter, sweet cream, salt, natural flavour, nisin, natural antimicrobial, roasted garlic (fresh garlic, canola oil), parsley Seasonal Vegetables: Butter (Milk), Green Beans, Roasted Red Onions. (Red Onion, Salt, Black Pepper, Canola Oil), Roasted Carrot (Carrot, Canola Oil, Salt, Black Pepper) Stockton Steak Spice: Spices, Salt Gremolata: Parsley, Lemon Zest

Ribs - November 2025	
Baby Back Ribs - Full Rack Allergen Warnings: Fish, Soy, Sulphites, Egg, Mustard, Wheat (Mango BBQ Sauce)	Garlic Oil Blend: Roasted Garlic Oil (Garlic, Canola Oil), Canola Oil Baby Back Ribs: Pork Back Ribs, Smoke Jameson BBQ Sauce: Crushed Tomatoes (Tomatoes, Citric Acid), Ketchup (Tomato Paste, Liquid Sugar, White Vinegar, Salt, Onion Powder, Spices) Molasses, Honey, Brown Sugar, Apple Juice (Apple Juice, Vitamin C), Cider Vinegar, Chipotle Sauce (Chipotle Peppers, Distilled Vinegar, Water, Sugar, Salt, Onion Powder, Garlic Powder, Spices, Natural Flavor, Pepper Pulp (Red Pepper, Distilled Vinegar, Salt)) Whisky, Worcestershire Sauce (Water, White Vinegar, Blackstrap Molasses, Glucose-Fructose, Salt, Soy Sauce (Water, Salt, Hydrolyzed Soy Protein, Corn Syrup, Caramel) Caramel, Anchovies, Tamarind Concentrate, Spices, Polysorbate 80, Oleoresin Capsicum, Garlic Extract, Soy Flour), Sriracha Sauce, Sugar, Salt, Garlic, Vinegar, Potassium Sorbate, Sodium Bisulphates, Xanthium Gum), Xanthan Gum, Soya Sauce, Natural Smoke Flavor, Onion Salt, Garlic, Smoked Paprika, Black Pepper French Fries: Potatoes, Vegetable Oil (Canola and/or Soybean and/or Cottonseed and/or Sunflower), Modified Potato Starch, Rice Flour, Dextrin, Salt, Baking Powder, Sodium Acid Pyrophosphate, Xanthan Gum, Sugars (Dextrose) Nola Cajun Spice: Spices (Including Paprika for Colour), Salt, Garlic, Onion Ketchup: Tomato Paste, Liquid Sugar, White Vinegar, Salt, Onion Powder, Spices Asian Slaw: Red Pepper, Yellow Pepper, Red Onion, Carrot, Savoy Cabbage, Purple Cabbage, Cilantro Dill Avocado Aioli: Mayonnaise (Soybean Oil, Frozen Whole Eggs, Vinegar, Frozen Egg Yolk, Water, Salt, Sugar, Concentrated Lemon Juice, Mustard Flour, Calcium Disodium Edta, Spices), Dill, Avocado, Chili Garlic Sauce (Chili, Salt, Garlic, Acetic Acid, Potassium Sorbate and Sodium Bisulfites, Xanthan Gum), Lemon Juice, Lemon Zest, Salt, White Pepper Parsley Jalapeno Mango Gold BBQ: BBQ sauce (distilled vinegar, sugar, water, mustard seed, soy sauce [water, wheat, soybeans, salt] red cayenne peppers, salt, cider vinegar, tomato paste, smoke flavour, turmeric, corn syrup, paprika oleoresin, spices, molasses, garlic powder, natural flavours, onion powder, sodium benzoate, celery seeds) Mango puree, Jalapeno peppers.
Baby Back Ribs - Chicken Duo Allergen Warnings: Fish, Soy, Sulphites, Egg, Mustard, Milk	Garlic Oil Blend: Roasted Garlic Oil (Garlic, Canola Oil), Canola Oil Baby Back Ribs: Pork Back Ribs, Smoke Jameson BBQ Sauce: Crushed Tomatoes (Tomatoes, Citric Acid), Ketchup (Tomato Paste, Liquid Sugar, White Vinegar, Salt, Onion Powder, Spices) Molasses, Honey, Brown Sugar, Apple Juice (Apple Juice, Vitamin C), Cider Vinegar, Chipotle Sauce (Chipotle Peppers, Distilled Vinegar, Water, Sugar, Salt, Onion Powder, Garlic Powder, Spices, Natural Flavor, Pepper Pulp (Red Pepper, Distilled Vinegar, Salt)) Whisky, Worcestershire Sauce (Water, White Vinegar, Blackstrap Molasses, Glucose-Fructose, Salt, Soy Sauce (Water, Salt, Hydrolyzed Soy Protein, Corn Syrup, Caramel) Caramel, Anchovies, Tamarind Concentrate, Spices, Polysorbate 80, Oleoresin Capsicum, Garlic Extract, Soy Flour), Sriracha Sauce, Sugar, Salt, Garlic, Vinegar, Potassium Sorbate, Sodium Bisulphates, Xanthium Gum), Xanthan Gum, Soya Sauce, Natural Smoke Flavor, Onion Salt, Garlic, Smoked Paprika, Black Pepper French Fries: Potatoes, Vegetable Oil (Canola and/or Soybean and/or Cottonseed and/or Sunflower), Modified Potato Starch, Rice Flour, Dextrin, Salt, Baking Powder, Sodium Acid Pyrophosphate, Xanthan Gum, Sugars (Dextrose) Nola Cajun Spice: Spices (Including Paprika for Colour), Salt, Garlic, Onion Ketchup: Tomato Paste, Liquid Sugar, White Vinegar, Salt, Onion Powder, Spices Asian Slaw: Red Pepper, Yellow Pepper, Red Onion, Carrot, Savoy Cabbage, Purple Cabbage, Bok Choy, Cilantro Dill Avocado Aioli: Mayonnaise (Soybean Oil, Frozen Whole Eggs, Vinegar, Frozen Egg Yolk, Water, Salt, Sugar, Concentrated Lemon Juice, Mustard Flour, Calcium Disodium Edta, Spices), Dill, Avocado, Chili Garlic Sauce (Chili, Salt, Garlic, Acetic Acid, Potassium Sorbate and Sodium Bisulfites, Xanthan Gum), Lemon Juice, Lemon Zest, Salt, White Pepper Chicken Breast: Chicken Water Sugars (concentrated pineapple juice) Vegetable oil Vinegar Salt Sodium phosphate Garlic (garlic water) Citric acid Flavour Spice Spice extracts. Garlic Butter: Butter (Milk), Garlic Clove, Roasted Garlic (Garlic Clove, Canola Oil), Salt, Lemon Juice, Frank's Red Hot Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic Powder), Parsley, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lechtin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2) Salt, Black Pepper, Parsley Jalapeno Mango Gold BBQ: BBQ sauce (distilled vinegar, sugar, water, mustard seed, soy sauce [water, wheat, soybeans, salt] red cayenne peppers, salt, cider vinegar, tomato paste, smoke flavour, turmeric, corn syrup, paprika oleoresin, spices, molasses, garlic powder, natural flavours, onion powder, sodium benzoate, celery seeds) Mango puree, Jalapeno peppers.
Baby Back Ribs - Shrimp Duo Allergen Warnings: Fish, Soy, Sulphites, Egg, Mustard, Shellfish, Milk	Garlic Oil Blend: Roasted Garlic Oil (Garlic, Canola Oil), Canola Oil Baby Back Ribs: Pork Back Ribs, Smoke Jameson BBQ Sauce: Crushed Tomatoes (Tomatoes, Citric Acid), Ketchup (Tomato Paste, Liquid Sugar, White Vinegar, Salt, Onion Powder, Spices) Molasses, Honey, Brown Sugar, Apple Juice (Apple Juice, Vitamin C), Cider Vinegar, Chipotle Sauce (Chipotle Peppers, Distilled Vinegar, Water, Sugar, Salt, Onion Powder, Garlic Powder, Spices, Natural Flavor, Pepper Pulp (Red Pepper, Distilled Vinegar, Salt)) Whisky, Worcestershire Sauce (Water, White Vinegar, Blackstrap Molasses, Glucose-Fructose, Salt, Soy Sauce (Water, Salt, Hydrolyzed Soy Protein, Corn Syrup, Caramel) Caramel, Anchovies, Tamarind Concentrate, Spices, Polysorbate 80, Oleoresin Capsicum, Garlic Extract, Soy Flour), Sriracha Sauce, Sugar, Salt, Garlic, Vinegar, Potassium Sorbate, Sodium Bisulphates, Xanthium Gum), Xanthan Gum, Soya Sauce, Natural Smoke Flavor, Onion Salt, Garlic, Smoked Paprika, Black Pepper French Fries: Potatoes, Vegetable Oil (Canola and/or Soybean and/or Cottonseed and/or Sunflower), Modified Potato Starch, Rice Flour, Dextrin, Salt, Baking Powder, Sodium Acid Pyrophosphate, Xanthan Gum, Sugars (Dextrose) Nola Cajun Spice: Spices (Including Paprika for Colour), Salt, Garlic, Onion Ketchup: Tomato Paste, Liquid Sugar, White Vinegar, Salt, Onion Powder, Spices Asian Slaw: Red Pepper, Yellow Pepper, Red Onion, Carrot, Savoy Cabbage, Purple Cabbage, Cilantro Dill Avocado Aioli: Mayonnaise (Soybean Oil, Frozen Whole Eggs, Vinegar, Frozen Egg Yolk, Water, Salt, Sugar, Concentrated Lemon Juice, Mustard Flour, Calcium Disodium Edta, Spices), Dill, Avocado, Chili Garlic Sauce (Chili, Salt, Garlic, Acetic Acid, Potassium Sorbate and Sodium Bisulfites, Xanthan Gum), Lemon Juice, Lemon Zest, Salt, White Pepper Marinated Shrimp: Shrimp (Shrimp, Sodium Tripolyphosphate, Salt), Roasted Garlic (Garlic, Canola Oil), Sriracha (Chili, Sugar, Salt, Garlic, Distilled Vinegar, Potassium Sorbate, Sodium Bisulfite, Xanthan Gum), Lemon Juice, Salt, Black Pepper, Canola Oil Garlic Butter: Butter (Milk), Garlic Clove, Roasted Garlic (Garlic Clove, Canola Oil), Salt, Lemon Juice, Frank's Red Hot Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic Powder), Parsley, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoolverides, Sov Lechtin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2) Salt, Black Pepper, Parsley Jalapeno Mango Gold BBQ: BBQ sauce (distilled vinegar, sugar, water, mustard seed, soy sauce [water, wheat, soybeans, salt] red cayenne peppers, salt, cider vinegar, tomato paste, smoke flavour, turmeric, corn syrup, paprika oleoresin, spices, molasses, garlic powder, natural flavours, onion powder, sodium benzoate, celery seeds) Mango puree, Jalapeno peppers.
Baby Back Ribs Trio Allergen Warnings: Fish, Soy, Sulphites, Egg, Mustard, Shellfish, Milk	Garlic Oil Blend: Roasted Garlic Oil (Garlic, Canola Oil), Canola Oil Baby Back Ribs: Pork Back Ribs, Smoke Jameson BBQ Sauce: Crushed Tomatoes (Tomatoes, Citric Acid), Ketchup (Tomato Paste, Liquid Sugar, White Vinegar, Salt, Onion Powder, Spices) Molasses, Honey, Brown Sugar, Apple Juice (Apple Juice, Vitamin C), Cider Vinegar, Chipotle Sauce (Chipotle Peppers, Distilled Vinegar, Water, Sugar, Salt, Onion Powder, Garlic Powder, Spices, Natural Flavor, Pepper Pulp (Red Pepper, Distilled Vinegar, Salt)) Whisky, Worcestershire Sauce (Water, White Vinegar, Blackstrap Molasses, Glucose-Fructose, Salt, Soy Sauce (Water, Salt, Hydrolyzed Soy Protein, Corn Syrup, Caramel) Caramel, Anchovies, Tamarind Concentrate, Spices, Polysorbate 80, Oleoresin Capsicum, Garlic Extract, Soy Flour), Sriracha Sauce, Sugar, Salt, Garlic, Vinegar, Potassium Sorbate, Sodium Bisulphates, Xanthium Gum), Xanthan Gum, Soya Sauce, Natural Smoke Flavor, Onion Salt, Garlic, Smoked Paprika, Black Pepper French Fries: Potatoes, Vegetable Oil (Canola and/or Soybean and/or Cottonseed and/or Sunflower), Modified Potato Starch, Rice Flour, Dextrin, Salt, Baking Powder, Sodium Acid Pyrophosphate, Xanthan Gum, Sugars (Dextrose) Nola Cajun Spice: Spices (Including Paprika for Colour), Salt, Garlic, Onion Ketchup: Tomato Paste, Liquid Sugar, White Vinegar, Salt, Onion Powder, Spices Asian Slaw: Red Pepper, Yellow Pepper, Red Onion, Carrot, Savoy Cabbage, Purple Cabbage, Bok Choy, Cilantro Dill Avocado Aioli: Mayonnaise (Soybean Oil, Frozen Whole Eggs, Vinegar, Frozen Egg Yolk, Water, Salt, Sugar, Concentrated Lemon Juice, Mustard Flour, Calcium Disodium Edta, Spices), Dill, Avocado, Chili Garlic Sauce (Chili, Salt, Garlic, Acetic Acid, Potassium Sorbate and Sodium Bisulfites, Xanthan Gum), Lemon Juice, Lemon Zest, Salt, White Pepper Marinated Shrimp: Shrimp (Shrimp, Sodium Tripolyphosphate, Salt), Roasted Garlic (Garlic, Canola Oil), Sriracha (Chili, Sugar, Salt, Garlic, Distilled Vinegar, Potassium Sorbate, Sodium Bisulfite, Xanthan Gum), Lemon Juice, Salt, Black Pepper, Canola Oil Chicken Breast: Chicken, Water, Sugars (concentrated pineapple juice), vegetable oil, vinegar, salt, sodium phosphate, garlic (garlic water), Citric acid, Flavour, Spice, Spice extracts. Garlic Butter: Butter (Milk), Garlic Clove, Roasted Garlic (Garlic Clove, Canola Oil), Salt, Lemon Juice, Frank's Red Hot Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic Powder), Parsley, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lechtin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2) Salt, Black Pepper, Parsley Jalapeno Mango Gold BBQ: BBQ sauce (distilled vinegar, sugar, water, mustard seed, soy sauce [water, wheat, soybeans, salt] red cayenne peppers, salt, cider vinegar, tomato paste, smoke flavour, turmeric, corn syrup, paprika oleoresin, spices, molasses, garlic powder, natural flavours, onion powder, sodium benzoate, celery seeds) Mango puree, Jalapeno peppers.

Desserts -November 2025	
White Chocolate Cheesecake Allergen Warnings: Milk, Egg, Soy. May Contain Sulphites, Tree Nuts, Peanuts, Wheat (less than 20ppm)	White Chocolate Cheesecake: Cream Cheese (Milk Ingredients, Bacterial Culture, Salt, Guar Gum, Locust Bean Gum), White Chocolate (Sugar, Cocoa Butter, Milk Ingredients, Soy Lecithin, Vanilla Extract), Sugars (Sugar, Liquid Invert Sugar), Chocolate Cookie Crumb (Rice Flour, Sugar, Tapioca Starch, Palm Oil, Cocoa Processed with Alkali, Corn Starch, Salt, Chocolate Liquor, Natural Flavour, Sodium Bicarbonate, Soy Lecithin), Liquid Whole Egg, Cream (Cream, Milk, Dextrose, Carrageenan), Sour Cream (Skim Milk, Cream, Milk Protein Concentrate, Skim Milk Powder, Microbial Enzyme, Bacterial Culture), Palm and Canola Oil Margarine, Gluten Free Flour (White Rice Flour, Corn Starch, Tapioca Starch, Xanthan Gum), Flavour. Espresso Creme Anglaise: Milk, Whipping Cream, Emulsa Egg Yolk (Egg Yolk, Water, Salt, Phospholipase), White Sugar, Vanilla Extract (Water, Alcohol, Caramel Colour, Artificial Flavour), Espresso (Coffee) Vanilla Whipped Cream: Water, Sugars (Glucose Syrup, Sugar, Dextrose), Hydrogenated Vegetable Oil (Palm, Palm Kernel, Coconut and/or Cottonseed), Dried Cream, Sodium Caseinate, Skim Milk Powder, Natural Flavour, Polysorbate 60, Sorbitan Monostearate, Guar Gum, Xanthan Gum, Turmeric and Annatto Extracts Chocolate Shavings: Sugar, Unsweetened Chocolate, Cocoa Butter, Butter Oil (Milk), Emulsifier (Soy Lecithin), Natural Vanilla Extract Icing Sugar: Sugar, Cornstarch Strawberry, Mint
Apple Cobbler Allergen Warnings: Milk, Wheat, Eggs, Almonds, Soy, Sulphites. May Contain Tree Nuts, Oats	Apple Cobbler: Marinated apples (apple, brown sugar, gluten free flour, cinnamon), Sugars (brown sugar), Gluten free flour (white rice flour, corn starch, tapioca starch, xanthan gum), Palm and canola oil margarine, Oats (gluten free), Almonds, Soy lecithin. Contains: Almonds, Soy. May contain: Eggs, Milk, Sulphites, Tree nuts (Brazil nuts, cashews, hazelnuts, macadamia nuts, pecans, pistachios and walnuts), Peanuts, Wheat (less than 20ppm gluten). Caramel Sauce: Sugar (Glucose, Fructose), Sweetened Condensed Whole Milk, Water, Butter (Milk), Salt, Pectin, Disodium Phosphate, Citric Acid, Artificial Flavour French Vanilla Ice Cream: Sugars (Sugar, Glucose), Cream, Modified Milk Ingredients, French Vanilla Base (Sugars (Glucose, Fructose), Water, Natural and Artificial Flavour, Potassium Sorbate, Tartrazine, Sunset Yellow, Ice Cream Stabilizer (Mono and Diglycerides, Guar Gum, Cellulose Gum, Polysorbate 80, Locust Bean Gum, Carrageenan, Silicon Dioxide), Artificial Flavour, Tartrazine, Sunset Yellow FCF Icing Sugar: Sugar, Cornstarch Mint
Key Lime Pie Allergen Warnings: Milk, Wheat, Egg, Sulphites. May Contain Tree Nuts, Oats, Soy	Key Lime Pie: Sugars (fine, Sweet Condensed Milk), Lime Juice (Water, Concentrated Lime Juice, Sulphites, Lime Oil), Eggs, Wheat Flour, Graham Mix (Wheat Flour, Sugars (fine, Brown, Molasses, Glucose-Fructose, Honey), Vegetable Oil Shortening (Midified Palm, Canola Oil, and Palm Oils), Water, Salt, Baking Powder, Baking Soda, Cinnamon, Natural Flavour), Butter, Margarine, Whip Topping (Water, Sugars (Glucose-Fructose, Fine), Hydrogenated Vegetable Oils (Palm, Palm Kemal, Coconut and/or Cottonseed), Sodium Caseinate, Modified Cellulose, Lactylcesters of Fatty Acids, Sodium Stearoyl-2-Lactylate, Dipotassium Phosphate, Salt, Mono and Dyglycerides, Zanthan Gum, Natural Colour), Vegetable Oil Shortening (Canola Oil, Modified Palm and Palm Kernel Oil, Monoglycerides, Polysorbate 60), Egg Yolks, Custard (Water, Sugars (Fine, Dextrose), Modified Corn Starch, Modified Tapioca Starch, Vegetable Oil, Sodium Benzonate, Potassium Sorbate, Salt, Titanium Dioxide, Sodium Acid Sulfate, Carrageenan Gum, Cellulose Gel, Polysorbate 60, Tartrazine, Sunset Yellow FCF), Gelatin, Salt, Calcium Propionate, Caramel Colour, Tartrazine, Sunset Yellow Icing Sugar: Sugar, Cornstarch Strawberry, Mint
OMG Carrot Cake Allergen Warnings: Egg, Hazlenut, Milk, Soy, Sulphites, Walnut, Wheat. May Contain Tree Nuts, Peanuts	Carrot Cake: Sugars (Sugar, Icing Sugar), Pineapple, Flour, Cream Cheese (Milk Ingredients, Bacterial Culture, Salt, Guar Gum, Locust Bean Gum, Carrots, Canola Oil, Butter, Liquid Whole Egg, Palm and Canola Oil Margarine, Walnuts, Caramelized hazelnuts (Hazlenut, Sugar), Sodium Bicarbonate, Baking Powder, Spice, Salt, Flavour, Lemon Juice (Concentrated Lemon Juice, Water, Sulphites, Lemon Oil), Soy Lecithin Icing Sugar: Sugar, Cornstarch Strawberry, Mint
Classic Chocolate Cake Allergen Warnings: Milk, Wheat, Eggs, Almonds, Soy, Sulphites. May Contain Tree Nuts, Oats	Classic Chocolate Cake: Cake mix (sugar, wheat flour, cocoa powder, milk ingredients, modified corn starch, baking powder, salt, cellulose gum), Dark chocolate (unsweetened chocolate, sugar, cocoa butter, vanilla extract), 35% cream (cream, milk, carrageenan, mono- and diglycerides, cellulose gum, sodium citrate), Sugars (fine, glucose, liquid), Water, Canola oil, Eggs, Cocoa powder, Emulsifier (water, sorbitan moriostearate, polysorbate 60, mono and diglycerides, phosphoric acid, sodium propionate), Salt, Calcium propionate, Potassium sorbate, Soy lecithin emulsifier. Contains: Milk, Wheat, Eggs, Soy. May contain: Tree nuts (almonds, cashews, walnuts, hazelnuts, pecans), Oats. Whipped Cream: Water, Sugars (Glucose Syrup, Sugar, Dextrose), Hydrogenated Vegetable Oil (Palm, Palm Kernel, Coconut and/or Cottonseed), Dried Cream, Sodium Caseinate, Skim Milk Powder, Natural Flavour, Polysorbate 60, Sorbitan Monostearate, Guar Gum, Xanthan Gum, Turmeric and Annatto Extracts Icing Sugar: Sugar, Cornstarch Strawberry, Mint
The Ultimate Cookie Allergen Warnings: Wheat, Soy, Egg, Milk	Double Chocolate Chunk Cookie: Sugars (Sugar, Fancy Molasses), Enriched Wheat Flour, Palm and Palm Kernel and Canola Oil Margarine (Milk), White Chocolate Chunks (Sugar, Cocoa Butter, Milk Ingredients, Soy Lecithin, Vanilla Extract, Salt), Liquid Whole Egg, Semi-Sweet Chocolate Chips (Sugar, Unsweetened Chocolate, Cocoa Butter, Dextrose, Soy Lecithin, Vanilla Extract, Milk Ingredients), Cocoa Powder, Baking Soda, Natural Flavour, Salt, Water French Vanilla Ice Cream: Sugars (Sugar, Glucose), Cream, Modified Milk Ingredients, French Vanilla Base (Sugars (Glucose, Fructose), Water, Natural and Artificial Flavour, Potassium Sorbate, Tartrazine, Sunset Yellow, Ice Cream Stabilizer (Mono and Diglycerides, Guar Gum, Cellulose Gum, Polysorbate 80, Locust Bean Gum, Carrageenan, Silicon Dioxide), Artificial Flavour, Tartrazine, Sunset Yellow FCF Chocolate Sauce: Sugar (Glucose, Fructose), Water, Hydrogenated Coconut Oil, Milk Ingredients, Cocoa Powder (Processed with Alkali), Modified Corn Starch, Salt, Disodium Phosphate, Potassium Sorbate, Artificial Flavour) Caramel Sauce: Sugar (Glucose, Fructose), Sweetened Condensed Whole Milk, Water, Butter (Milk), Salt, Pectin, Disodium Phosphate, Citric Acid, Artificial Flavour Vanilla Whipped Cream: Water, Sugars (Glucose Syrup, Sugar, Dextrose), Hydrogenated Vegetable Oil (Palm, Palm Kernel, Coconut and/or Cottonseed), Dried Cream, Sodium Caseinate, Skim Milk Powder, Natural Flavour, Polysorbate 60, Sorbitan Monostearate, Guar Gum, Xanthan Gum, Turmeric and Annatto Extracts Chocolate Shavings: Sugar, Unsweetened Chocolate, Cocoa Butter, Butter Oil (Milk), Emulsifier (Soy Lecithin), Natural Vanilla Extract Icing Sugar: Sugar, Cornstarch Mint

Add Ons + Sides - November 2025	
Chicken Breast Allergen Warnings: Milk, Sulphites, Soy	Chicken Breast: Chicken Water Sugars (concentrated pineapple juice) Vegetable oil Vinegar Salt Sodium phosphate Garlic (garlic water) Citric acid Flavour Spice Spice extracts. Garlic Butter: Butter (Milk), Garlic Clove, Roasted Garlic (Garlic Clove, Canola Oil), Salt, Lemon Juice, Frank's Red Hot Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic Powder), Parsley, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2) Salt, Black Pepper, Parsley
Cajun Chicken Breast Allergen Warnings: Milk, Sulphites, Soy	Chicken Breast: Chicken Water Sugars (concentrated pineapple juice) Vegetable oil Vinegar Salt Sodium phosphate Garlic (garlic water) Citric acid Flavour Spice Spice extracts. Garlic Butter: Butter (Milk), Garlic Clove, Roasted Garlic (Garlic Clove, Canola Oil), Salt, Lemon Juice, Frank's Red Hot Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic Powder), Parsley, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2) Nola Cajun Spice: Spices (Including Paprika for Colour), Salt, Garlic, Onion Salt, Black Pepper, Parsley
Baked Potato Allergen Warnings: Dairy	Sour Cream (Milk, Cream, Skim Milk Powder, Modified Corn Starch, Guar Gum, Carrageenan, Carob Bean Gum, Whey Powder (Contains Dextrose)) Cheddar Cheese Slice: Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Calcium Chloride, Microbial Enzyme, Annatto Smoked Bacon: Pork, Water, Salt, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite, Smoke Mozzarella: Pasteurized Milk, Modified Milk Ingredients, Salt, Calcium Chloride, Lipase, Bacterial Culture, Microbial Enzyme, Cellulose, Natamycin Salt, Black Pepper, Green Onions, Potato
Mushroom Marsala (Steak Add On) Allergen Warnings:	Marsala Wine: Marsala Wine, Sugar, Alcohol, Egg Yolks, Natural and artificial flavours. Roasted Mushrooms: Button Mushrooms, Portobello Mushrooms, Canola Oil, Rosemary, Thyme, Red Chili Flakes, Black Pepper Peppercorn Sauce: Canola Oil, Roasted Garlic (Garlic, Canola Oil), Black Pepper Butter (Jack Daniels (Corn, Rye, Malted Barley), Unsalted Butter, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2), Honey, Salt, Black Pepper, Corn Starch, Roasted Garlic (Garlic, Canola Oil), Celery, Onion, Carrot, Tomato Paste, Rosemary, Thyme, Jack Daniels, Red Wine, Au Jus Powder (Salt, Corn Starch, Hydrolyzed Soy Protein, Caramel Colour (Sulphites), Beef Powder, Sugar, Onion Powder, Beef Fat, Canola Oil, Glucose Solids, Natural Flavours (Maltodextrin, Milk Salt, Black Pepper, Parsley
Cognac Peppercorn (Steak Add On) Allergen Warnings:	Cognac Pepper: Coarse Pepper, Cognac Garlic Cream Sauce: Water, Whipping Cream (Cream, Milk, Carrageenan), Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Sodium Benzonate, Citric Acid, Artificial Flavour, Vitamin D2), Roasted Garlic Cloves, Sriracha, Lemon Juice, Coarse Salt, Coarse Black Pepper, Canola Oil Peppercorn Sauce: Canola Oil, Roasted Garlic (Garlic, Canola Oil), Black Pepper Butter (Jack Daniels (Corn, Rye, Malted Barley), Unsalted Butter, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2), Honey, Salt, Black Pepper, Corn Starch, Roasted Garlic (Garlic, Canola Oil), Celery, Onion, Carrot, Tomato Paste, Rosemary, Thyme, Jack Daniels, Red Wine, Au Jus Powder (Salt, Corn Starch, Hydrolyzed Soy Protein, Caramel Colour (Sulphites), Beef Powder, Sugar, Onion Powder, Beef Fat, Canola Oil, Glucose Solids, Natural Flavours (Maltodextrin, Milk Salt, Black Pepper, Parsley
Grilled Shrimp Skewer Allergen Warnings: Milk, Soy, Sulphites, Shellfish	Marinated Shrimp: Shrimp (Shrimp, Sodium Tripolyphosphate, Salt), Roasted Garlic (Garlic, Canola Oil), Sriracha (Chili, Sugar, Salt, Garlic, Distilled Vinegar, Potassium Sorbate, Sodium Bisulfite, Xanthan Gum), Lemon Juice, Salt, Black Pepper, Canola Oil Garlic Butter: Butter (Milk), Garlic Clove, Roasted Garlic (Garlic Clove, Canola Oil), Salt, Lemon Juice, Frank's Red Hot Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic Powder), Parsley, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2) Gremolata: Parsley, Lemon Zest Salt, Black Pepper
Grilled Salmon Allergen Warnings: Milk, Soy, Fish	Garlic Butter: Butter (Milk), Garlic Clove, Roasted Garlic (Garlic Clove, Canola Oil), Salt, Lemon Juice, Frank's Red Hot Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic Powder), Parsley, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2) Gremolata: Parsley, Lemon Zest Salmon, Salt, Black Pepper
Lobster Butter Allergen Warnings: Soy, Milk	Chimmichurri Butter: Butter, Olive Oil, Garlic, Table Salt, Red Chili Flakes, Cumin, Lemon Juice, Parsley, Cilantro, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2)
Chimichurri Butter Allergen Warnings: Soy, Milk	Chimmichurri Butter: Butter, Olive Oil, Garlic, Table Salt, Red Chili Flakes, Cumin, Lemon Juice, Parsley, Cilantro, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2)
Black Pepper Bourbon Butter Allergen Warnings: Soy, Milk	Salt + Black Pepper Bourbon: Black Pepper Bourbon Butter (JP Wisers (Corn, Rye, Malted Barley), Unsalted Butter, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2), Honey, Salt, Black Pepper, Corn Starch, Roasted Garlic (Garlic, Canola Oil)), Salt, Black Pepper, Grana Padano Cheese (Raw milk, Bacterial culture, Salt, Lysozyme (egg), Rennet), Gremolata (Parsley, Lemon Zest)
Peppercorn Sauce Allergen Warnings: Soy, Wheat, Sulphites, Milk	Peppercorn Sauce: Canola Oil, Roasted Garlic (Garlic, Canola Oil), Black Pepper Butter (Jack Daniels (Corn, Rye, Malted Barley), Unsalted Butter, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2), Honey, Salt, Black Pepper, Corn Starch, Roasted Garlic (Garlic, Canola Oil), Celery, Onion, Carrot, Tomato Paste, Rosemary, Thyme, Jack Daniels, Red Wine, Au Jus Powder (Salt, Corn Starch, Hydrolyzed Soy Protein, Caramel Colour (Sulphites), Beef Powder, Sugar, Onion Powder, Beef Fat, Canola Oil, Glucose Solids, Natural Flavours (Maltodextrin, Milk Ingredients), Disodium inosinate, Disodium Guanylate, Yeast Extract, Torula Yeast, Citric Acid), Rice Wine Vinegar (Rice Wine, Salt, Sugar), Flour
Mac N Cheese Allergen Warnings: Dairy, Egg, Wheat	Smoked Bacon: Pork, Water, Salt, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite, Smoke Gouda Cheese: Pasteurized milk, Modified milk ingredients, Salt, Bacterial culture, Calcium chloride, Microbial enzyme, Annatto. Cavatappi Pasta: Durum semolina, water, whole liquid eggs, salt, Beta-carotene. Pasta Bread: Rosemary Focaccia Bread (Unbleached enriched flour, Water, Olive oil, Sea salt, Rosemary, Yeast*, Malted barley flour), Garlic Butter (Butter (Milk), Garlic Clove, Roasted Garlic (Garlic Clove, Canola Oil), Salt, Lemon Juice, Frank's Red Hot Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic Powder), Parsley, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2) Leek & Onion Mix: Leeks, Onions Garlic Focaccia Croutons: Rosemary Focaccia Bread (Unbleached enriched flour, Water, Olive oil, Sea salt, Rosemary, Yeast*, Malted barley flour), Garlic Butter (Butter (Milk), Garlic Clove, Roasted Garlic (Garlic Clove, Canola Oil), Salt, Lemon Juice, Frank's Red Hot Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic Powder), Parsley, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2), Grana Padano Cheese (Milk, Bacterial Culture, Salt, Lysozyme (Egg), Rennet), Salt, Pepper Garlic Cream Sauce: Water, Whipping Cream (Cream, Milk, Carrageenan), Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Sodium Benzonate, Citric Acid, Artificial Flavour, Vitamin A Palmitate, Vitamin D3, Canola Oil, Modified Milk Ingredients, Dehydrated Garlic, Salt, Modified Corn Starch, Wheat Flour, Sugar, Natural Flavour, Xanthan Gum, Monoglycerides, Black Pepper, Lactic Acid, Grana Padano Cheese (Milk, Bacterial Culture, Salt, Lysozyme (Egg), Rennet) White Wine, Tomatoes, Mozzarella, Provolone
Indian Basmati Rice Allergen Warnings:	Basmati Rice: Short grain rice, Spices: Salt, cinamon, cardamom, clove Spices: Salt, cinamon, cardamom, clove

Jasmine Rice Allergen Warnings:	Jasmine Rice: Long Grain Rice Sushi Vinegar: Rice Wine Vinegar, Salt, Plantation Sugar, White Sugar
Fries	French Fries: Potatoes, Vegetable Oil (Canola and/or Soybean and/or Cottonseed and/or Sunflower), Modified Potato Starch, Rice Flour, Dextrin, Salt, Baking Powder, Sodium Acid Pyrophosphate, Xanthan Gum, Sugars (Dextrose) Ketchup: Tomato Paste, Liquid Sugar, White Vinegar, Salt, Onion Powder, Spices Table Salt: Salt, Calcium Silicate, Sugar, Potassium Iodine
Cajun Fries	French Fries: Potatoes, Vegetable Oil (Canola and/or Soybean and/or Cottonseed and/or Sunflower), Modified Potato Starch, Rice Flour, Dextrin, Salt, Baking Powder, Sodium Acid Pyrophosphate, Xanthan Gum, Sugars (Dextrose) Nola Cajun Spice: Spices (Including Paprika for Colour), Salt, Garlic, Onion Ketchup: Tomato Paste, Liquid Sugar, White Vinegar, Salt, Onion Powder, Spices Table Salt: Salt, Calcium Silicate, Sugar, Potassium Iodine
Sweet Potato Fries Allergen Warnings: Egg, Mustard, Sulphites	Sweet Potato Fries: Sweet Potatoes, Vegetable Oil (Canola and/or Soybean and/or Cottonseed and/or Sunflower and/or Corn), Modified Corn Starch, Modified Potato Starch, Sugars (Sugar, Brown Sugar), Rice Flour, Potato Dextrin, Pea Fibre, Salt, Baking Powder, Sodium Phosphate, Paprika, Turmeric, Xanthan Gum, Corn Fibre Chili Salts: Salt, Red Pepper Flakes Dill Avocado Aioli: Mayonnaise (Soybean Oil, Frozen Whole Eggs, Vinegar, Frozen Egg Yolk, Water, Salt, Sugar, Concentrated Lemon Juice, Mustard Flour, Calcium Disodium Edta, Spices), Dill, Avocado, Chili Garlic Sauce (Chili, Salt, Garlic, Acetic Acid, Potassium Sorbate and Sodium Bisulfites, Xanthan Gum), Lemon Juice, Lemon Zest, Salt, White Pepper
Garlic Parmesan Fries Allergen Warnings: Soy, Milk, Egg, Mustard, Sulphites	French Fries: Potatoes, Vegetable Oil (Canola and/or Soybean and/or Cottonseed and/or Sunflower), Modified Potato Starch, Rice Flour, Dextrin, Salt, Baking Powder, Sodium Acid Pyrophosphate, Xanthan Gum, Sugars (Dextrose) Garlic Butter: Butter (Milk), Garlic Clove, Roasted Garlic (Garlic Clove, Canola Oil), Salt, Lemon Juice, Frank's Red Hot Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic Powder), Parsley, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lechtin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2) Chili Salts: Salt, Red Pepper Flakes Grana Padano Cheese: Raw milk, Bacterial culture, Salt, Lysozyme (egg), Rennet. Gremolata: Parsley, Lemon Zest Scallion Wasabi Aioli: Sour Cream (Milk, Cream, Skim Milk Powder, Modified Corn Starch, Guar Gum, Carrageenan, Carob Bean Gum, Whey Powder (Contains Dextrose), Chives, Sodium Citrate, Bacterial Culture, Microbial Enzyme, Cilantro, Wasabi Paste (Horse radish, Water, White Vinegar, Vegetable Oil, Sugar/Glucose-fructose Mix, Salt, Xanthan Gum, Artificial Flavour, Colour, Sodium Benzoate, Sulphites), Salt, Black Pepper, Mayonnaise (Soybean Oil, Frozen Whole Eggs, Vinegar, Frozen Egg Yolk, Water, Salt, Sugar, Concentrated Lemon Juice, Mustard Flour, Calcium Disodium Edta, Spices), Lime Juice, Garlic Clove, Scallions, Rice Wine Vinegar.
Table or Side Bread Allergen Warnings: Soy. May Contain Treenuts, Sesame	Schiacciata Bread: Unbleached Wheat Flour, Water, Extra Virgin Olive Oil, Herbs, Salt, Malted Barley Flour, Yeast Garlic Butter: Butter (Milk), Garlic Clove, Roasted Garlic (Garlic Clove, Canola Oil), Salt, Lemon Juice, Frank's Red Hot Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic Powder), Parsley, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lechtin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2)
Quinoa + Rice Pilaf Allergen Warnings: Soy	Quinoa + Rice Pilaf: Rice Wine Vinegar, Water), Seasoned Jasmine Rice (Jasmine Rice, Rice Wine Vinegar, Salt, Water), Quinoa (Tricolour Quinoa, Water, Salt), Salt, Black Pepper, Red Onion, Green Onion, Red Bell Pepper, Yellow Bell Pepper, Carrots, Parsley, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lechtin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2) Parsley
Gravy Allergen Warnings: Wheat, Soy, Sulphites	Beef Gravy: Water, Beef Gravy Mix (Wheat Flour, Modified Corn Starch, Hydrolyzed Soy and Corn Protein, Canola and/or Palm and/or Palm Kernel Oil Shortening, Corn Maltodextrin (Sulphites), Modified Milk Ingredients, Salt, Potato Starch, Sugar, Silicon Dioxide (MFG AID), Flavour (hurdolyzed Corn and Soy Protein, Autolyzed Yeast Extract), Caramel Colour, Autolyzed Yeast Extract, Onion Powder, Beef Fat, Spices, Sulphites
Mashed Potatoes Allergen Warnings: Milk	Resers Mashed Potatoes: Yukon Gold Potatoes, water, whole milk, butter, sweet cream, salt, natural flavour, nisin, natural antimicrobial, roasted garlic (fresh garlic, canola oil), white pepper, salt, parsley
Warm Potato Salad Allergen Warnings:	Potato, Parsley Potato Salad Dressing: Mayonnaise (Soybean Oil, Frozen Whole Eggs, Vinegar, Frozen Egg Yolk, Water, Salt, Sugar, Concentrated Lemon Juice, Mustard Flour, Calcium Disodium Edta, Spices), Sour Cream (Milk, Cream, Skim Milk Powder, Modified Corn Starch, Guar Gum, Carrageenan, Carob Bean Gum, Whey Powder (Contains Dextrose), Lemon Juice, Dijon Mustard (Water, Mustard Seed, Vinegar, Apple Cider Vinegar, Salt, Potassium Metabisulphite (Sulphites), Stockton Steak Spice (Spices, Salt), Red Onions, Green Onions, Celery, Dill, Salt
Sauteed Mushrooms Allergen Warnings: Soy, Milk	Garlic Oil Blend: Roasted Garlic Oil (Garlic, Canola Oil), Canola Oil Chicken Stock: Water, Broth concentrate (Chicken Stock, Natural Flavour, Salt, Chicken Fat, Sugar, Maltodextrin, Yeast Extract, Stabilizer (Xanthan Gum, Propylene Glycol Alginate) Black Pepper Butter: Jack Daniels (Corn, Rye, Malted Barley), Unsalted Butter, Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lechtin, Natural Flavour, Citric Acid, Vitamin A Palmitate, Beta Carotene, Vitamin D2), Honey, Salt, Black Pepper, Corn Starch, Roasted Garlic (Garlic, Canola Oil) Button & Portobello Mushrooms, Salt, Black Pepper, Green Onion, Parsley

Kids - November 2025	
Kids Grilled Chicken Allergen Warnings: Sulphites, Milk	Chicken Breast: Chicken Water Sugars (concentrated pineapple juice) Vegetable oil Vinegar Salt Sodium phosphate Garlic (garlic water) Citric acid Flavour Spice Spice extracts. Seasoned Jasmine Rice: Jasmine Rice, Sushi Vinegar (Rice Wine Vinegar, Salt, Plantation Sugar, White Sugar) Green Beans, Butter, Salt, Black Pepper
Kids Grilled Salmon Allergen Warnings: Milk, Fish	Seasoned Jasmine Rice: Jasmine Rice, Sushi Vinegar (Rice Wine Vinegar, Salt, Plantation Sugar, White Sugar) Salmon, Green Beans, Butter, Salt, Black Pepper
Kids Cheese Burger Allergen Warnings: Milk, Wheat, Egg, Sesame	French Fries: Potatoes, Vegetable Oil (Canola and/or Soybean and/or Cottonseed and/or Sunflower), Modified Potato Starch, Rice Flour, Dextrin, Salt, Baking Powder, Sodium Acid Pyrophosphate, Xanthan Gum, Sugars (Dextrose) Cheddar Cheese Slice: Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Calcium Chloride, Microbial Enzyme, Annatto
	Burger Bun: Unbleached wheat flour, Water, Liquid whole eggs, Sesame seeds, Sunflower and/or soybean oil, Liquid egg yolks, Cane sugar, Liquid egg-whites, Salt, Yeast, Cultured wheat flour, Malted barley flour, Ground wheat, Lactic acid, Ascorbic acid, Enzymes, Rice flour (for dusting) Ketchup: Tomato Paste, Liquid Sugar, White Vinegar, Salt, Onion Powder, Spices Burger Patty: Ground Chuck
Kids Chicken Fingers & Fries Allergen Warnings: Egg, Soy, Wheat, Milk	French Fries: Potatoes, Vegetable Oil (Canola and/or Soybean and/or Cottonseed and/or Sunflower), Modified Potato Starch, Rice Flour, Dextrin, Salt, Baking Powder, Sodium Acid Pyrophosphate, Xanthan Gum, Sugars (Dextrose) Ketchup: Tomato Paste, Liquid Sugar, White Vinegar, Salt, Onion Powder, Spices Chicken Fingers: Chicken Tenders, Water, Salt, Natural Flavour (soy protein isolate), Sodium Phosphate, Garlic Powder, Onion Powder, Spice, Vegetable Oil Shortening, Monosodium Glutamate, Wheat Flour, Water, Canola Oil, Salt, Wheat Gluten, Baking Powder, Egg White Powder (Bakers Yeast, Citric Acid), Sugars (Dextrose), Vegetable Oil Shortening, Sodium Acid Pyrophosphate, Monosodium Glutamate, Sodium Bicarbonate, Caramel, Spice, Modified Milk Ingredients. Plum Sauce: Sugars (Sugar/Glucose-Fructose, Blackstrap Molasses, Concentrated Orange Juice), Water, Pumpkin, Vinegar, Modified Corn Starch, Salt, Plum Purée, Guar Gum, Sodium Benzoate, Spice, Dehydrated Lime Peel
Kids Noodles + Cheddar Allergen Warnings: Milk, Milk, Eggs, Sulphites	Cavatappi: Durum Wheat Semolina, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid. Whipping Cream: Cream, Milk, Cellulose Gel, Carrageenan, Cellulose Gum Mozzarella: Pasteurized Milk, Modified Milk Ingredients, Salt, Calcium Chloride, Lipase, Bacterial Culture, Microbial Enzyme, Cellulose, Natamycin Provolone: Pasteurized Milk, Modified Milk Ingredients, Salt, Calcium Chloride, Lipase, Bacterial Culture, Microbial Enzyme, Cellulose, Natamycin Grana Padano Cheese: Raw milk, Bacterial culture, Salt, Lysozyme (egg), Rennet. Salt, Black Pepper
Kids Noodles + Tomato Allergen Warnings: Wheat, Milk, Eggs, Sulphites	Cavatappi: Durum Wheat Semolina, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid. Tomato Sauce: Tomatoes, Tomato Puree (Water, Tomato Paste), Onions, Extra Virgin Olive Oil, Garlic, Sugar, Modified Corn Starch, Salt, Spices, Citric Acid Grana Padano Cheese: Raw milk, Bacterial culture, Salt, Lysozyme (egg), Rennet. Salt, Black Pepper
Kids Grilled Cheese Allergen Warnings: Wheat, Milk	French Fries: Potatoes, Vegetable Oil (Canola and/or Soybean and/or Cottonseed and/or Sunflower), Modified Potato Starch, Rice Flour, Dextrin, Salt, Baking Powder, Sodium Acid Pyrophosphate, Xanthan Gum, Sugars (Dextrose) Ketchup: Tomato Paste, Liquid Sugar, White Vinegar, Salt, Onion Powder, Spices Cheddar Cheese Slice: Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Calcium Chloride, Microbial Enzyme, Annatto White Bread: Enriched Wheat Flour, Water, Sugar/Glucose-Fructose, Yeast, Salt, Defatted Soy Flour, Soybean and/or Canola Oil, Calcium Propionate, Diacetyl Tartaric Acid Esters of Mono and Diglycerides, Sodium Stearoyl-2-Lactylate, Vegetable Monoglycerides Butter
Kids Waffle Allergen Warnings: Wheat, Egg, Soy, Milk	Waffles: Enriched wheat flour, Water, Liquid whole eggs, Sugar, Soybean and/or canola oil, Liquid egg whites, Salt, Baking soda, Mono- and di-glycerides, Monocalcium phosphate, Propylene glycol monostearate, Sodium aluminum phosphate, Sodium stearoyl-lactate, Sodium phosphate, Soy lecithin, Natural flavour Whipping Cream: Cream, Milk, Cellulose Gel, Carrageenan, Cellulose Gum Icing Sugar: Sugar, Corn Starch Maple Syrup
Kids Waffle w/ Strawberries Allergen Warnings: Wheat, Egg, Soy, Milk	Waffles: Enriched wheat flour, Water, Liquid whole eggs, Sugar, Soybean and/or canola oil, Liquid egg whites, Salt, Baking soda, Mono- and di-glycerides, Monocalcium phosphate, Propylene glycol monostearate, Sodium aluminum phosphate, Sodium stearoyl-lactate, Sodium phosphate, Soy lecithin, Natural flavour Whipping Cream: Cream, Milk, Cellulose Gel, Carrageenan, Cellulose Gum Icing Sugar: Sugar, Corn Starch Maple Syrup, Strawberries
Kids Breakfast Allergen Warnings: Soy, Egg, Wheat,	Butter Flavoured Oil: Canola Oil, Liquid and Hydrogenated Soybean Oil, Salt, Soy Lecithin, Natural and Artificial Flavours, Beta Carotene Liquid Whole Egg: Whole Egg, Citric Acid Smoked Bacon: Pork, Water, Salt, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite, Smoke Brunch Potatoes: Yukon Gold Potatoes, Canola Oil, Salt, Black Pepper. White Bread: Enriched Wheat Flour, Water, Sugar/Glucose-Fructose, Yeast, Salt, Defatted Soy Flour, Soybean and/or Canola Oil, Calcium Propionate, Diacetyl Tartaric Acid Esters of Mono and Diglycerides, Sodium Stearoyl-2-Lactylate, Vegetable Monoglycerides Ketchup: Tomato Paste, Liquid Sugar, White Vinegar, Salt, Onion Powder, Spices
Vanilla Ice Cream Allergen Warnings: Milk	French Vanilla Ice Cream: Sugars (Sugar, Glucose), Cream, Modified Milk Ingredients, French Vanilla Base (Sugars (Glucose, Fructose), Water, Natural and Artificial Flavour, Potassium Sorbate, Tartrazine, Sunset Yellow, Ice Cream Stabilizer (Mono and Diglycerides, Guar Gum, Cellulose Gum, Polysorbate 80, Locust Bean Gum, Carrageenan, Silicon Dioxide), Artificial Flavour, Tartrazine, Sunset Yellow FCF Chocolate Sauce: Sugar (Glucose, Fructose), Water, Hydrogenated Coconut Oil, Milk Ingredients, Cocoa Powder (Processed with Alkali), Modified Corn Starch, Salt, Disodium Phosphate, Potassium Sorbate, Artificial Flavour) Caramel Sauce: Sugar (Glucose, Fructose), Sweetened Condensed Whole Milk, Water, Butter (Milk), Salt, Pectin, Disodium Phosphate, Citric Acid, Artificial Flavour
Ice Cream Sammy Allergen Warnings: Milk, Wheat	Ice Cream Sandwich: Ice cream: Sugars (Sugar, Glucose), Fresh Cream, Modified Milk Ingredients, Mono and Diglycerides, Carob Bean Gum, Cellulose Gum, Guar Gum, Carrageenan, Vanilla Extract, Natural Flavour. Wafers: Enriched Wheat Flour, Sugars (Sugar, Glucose-Fructose, Dextrose), Caramel Colour, Palm Oil, Corn Flour, Cocoa, Modified Corn Starch, Baking Soda, Salt, Mono and Diglycerides, Soy Lecithin.

Tartare - November 2025	
Steak Tartare Allergen Warnings: Egg, Wheat, Mustard	Chopped sirloin steak Dijon Mustard (Water, Mustard Seed, Vinegar, Apple Cider Vinegar, Salt, Potassium Metabisulphite (Sulphites)) Red Wine Vinegar (5% Acetic Acid, Sulphites) Baby Dill Pickles & Capers Bloody Sauce Roasted Garlic: Garlic, Canola Oil Crostini: Baguette, Unbleached Wheat Flour, Water, Salt, Yeast, Malted Barley Flour, Rice Flour (Dusting), Garlic oil, salt, pepper. Olive Oil, Egg Yolk, Crisp Leeks: Leeks, Corn Starch Arugula, Lemon Vinaigrette Dressing: Lemon Juice (water, lemon juice concentrate, sodium bisulphates, sodium benzonate), Olive Oil, Canola Oil, Salt, Black Pepper, Oregano, Garlic, Xanthan Gum Honey Mustard Vinaigrette: Dijon Mustard (Water, Mustard Seed, Vinegar, Apple Cider Vinegar, Salt, Potassium Metabisulphite (Sulphites), Canola Oil, Red Wine Vinegar (May Contain Sulphites), Salt, Honey, Black Pepper, Poppy Seed Heritage Lettuce, Grape tomatoes, Cucumbers
Spicy Salmon Tartare Allergen Warnings: Milk, Mustard, Sesame, Wheat, Fish, soy	Sushi grade Atlantic salmon (chopped) Nola Cajun Spice: Spices (Including Paprika for Colour), Salt, Garlic, Onion Chili Avocado Aioli: Vegan Mayonnaise (Soybean Oil, Water, Sugar, Vinegar, Salt, Modified Corn and Potato Starch, Concentrated Lemon Juice, Natural Flavour, Spice and Calcium Disodium EDTA (Maintains Flavour), Avocado, Garlic Chili Sauce (Chili, Salt, Garlic, Distilled Vinegar, Potassium Sorbate and Sodium Bisulfate, Xanthan Gum), Cilantro, Lime Juice, Salt, White Pepper Sriracha Goat Cheese: Goat Cheese (Pasteurized Goat's Milk, Sea Salt, Potassium Sorbate, Bacterial Culture, Microbial Enzyme), Sriracha Sauce (Sweet Red Peppers, Water, Cayenne Pepper Sauce, Modified Corn Starch, Salt, Brown Sugar, Chili Pepper Seeds, Cider Vinegar, Garlic Powder, Potassium Sorbate, Xanthan Gum, Caramel, Spices, Natural Flavour), Sriracha Seasoning (Ground Chillies, Dehydrated Garlic, Brown Sugar, Salt, Citric Acid, Spices, Natural Flavour, Olive Oil, Xanthan Gum) Sweet & Spicy Tabasco (Sugar, Red Pepper, Water, Distilled Vinegar, Pear Concentrate, Garlic, Onion, Tabasco Sauce, Ginger, Salt, Xanthan Gum, Spices) Crispy Wontons: Enriched Wheat Flour (Contains: Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Frozen Whole Egg and/or Frozen Albumen, Corn and/or Wheat Starch and/or Modified Corn Starch, Salt, Vinegar, Sodium Propionate, Potassium Sorbate Flying Fish Roe: Salt, Sugar, Rice Wine, Soy Sauce (soybean, wheat, salt, sugar, water) Avocado, Red Onion, Grape Tomatoes, Edamame, Parsley, B&W Sesame Seeds Arugula, Lemon Vinaigrette Dressing: Lemon Juice (water, lemon juice concentrate, sodium bisulphates, sodium benzonate), Olive Oil, Canola Oil, Salt, Black Pepper, Oregano, Garlic, Xanthan Gum Honey Mustard Vinaigrette: Dijon Mustard (Water, Mustard Seed, Vinegar, Apple Cider Vinegar, Salt, Potassium Metabisulphite (Sulphites), Canola Oil, Red Wine Vinegar (May Contain Sulphites), Salt, Honey, Black Pepper, Poppy Seed Heritage Lettuce, Grape tomatoes, Cucumbers